

For Immediate Release

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The Mysterious Teen Brain

The Kitsap Tobacco, Alcohol and Other Substance Abuse Prevention Coalition, in partnership with Kitsap County Chapter of MADD, is sponsoring a community training called, "The Mysterious Teen Brain": Understanding Adolescent Brain Development. The training, which is aimed at parents, mentors, youth serving professionals and interested community members, is scheduled for 8:00 – 11:30 AM, Monday, April 23, 2007 at the Silverdale Community Center (Evergreen Room) 9729 Silverdale Way, Silverdale

The training will give information about the development of the adolescent brain which can be applied to developing more effective communication and staying positively connected with teens. The trainer, [Victoria Tennant, M.Ed.](#), has trained people in the implications and applications of brain/mind research for over 25 years. She is the author of *Healthy Beginnings – Nurturing Children's Growing Minds*, and *Calming Ourselves in Stressful Moments*, published by Comprehensive Health Education Foundation.

The registration cost is \$10.00. (A continental breakfast will be served.) Registration deadline is April 18. Send your check payable to MADD/Kitsap County Chapter to Kitsap County Prevention Services, 614 Division St., MS-23, Port Orchard, WA 98366. For additional information, call 360/337- 4878 or e-mail at medelape@co.kitsap.wa.us.

To contact the Kitsap County Public Information Office,
call Carolyn Siems at 360-337-4412 or [email: csiems@co.kitsap.wa.us](mailto:csiems@co.kitsap.wa.us)