



KITSAP COUNTY COMMISSION ON CHILDREN AND YOUTH AGENDA August 1, 2024, 4:30-6:00pm



Virtual only: Meeting Link:

<https://us06web.zoom.us/j/84662675476?pwd=RHYqS74sbsr4PWAz8pX9HbXZc5GRMe.1>

Meeting ID: 846 6267 5476

Passcode: 336869

By phone: Dial by your location +1 253 205 0468 US(Tacoma)

Meeting ID: 846 6267 5476 Passcode: 336869 +1 253-215 8782 US (Tacoma)

+1 720 707 2699 US (Denver)

+1 646 558 8656 US (New York)

+1 312 626 6799 US (Chicago)

THE PURPOSE OF THIS BOARD IS TO:

Advise County Commissioners and residents on the needs of children, youth, and families based on periodic assessments

Facilitate Coordination of information among agencies to maximize resources

Advocate for an environment that fosters healthy, self-sufficient, responsible, and productive children, youth and families

AGENDA

- 4:30 WELCOME & INTRODUCTIONS**
- 4:40 APPROVAL - MINUTES/AMENDMENTS TO THE AGENDA**
- 4:45 YOUTH REPRESENTATIVE REPORTS**
- 5:00 ELECTIONS – YOUTH BOARD CO-CHAIRPERSON & VICE-CHAIRPERSON**
- 5:30 PROJECT UPDATES & ACTIVITIES**
- 5:50 ANNOUNCEMENTS/PUBLIC COMMENT (2 min. limit)**
- 6:00 ADJOURNMENT & NEXT MEETING – SEPTEMBER 6, 2024**

*“To accomplish great things, we must not only act, but also dream; not only plan, but also believe.”
Anatole France*

Kitsap County Commission on Children and Youth
AGENDA BRIEFING – August 1, 2024
4:30 P.M. –6:00 P.M.

This is a virtual meeting with the meeting link provided on the Agenda and on our webpage kitsapgov.com/hs/Pages/CCY-Advisory-Board.aspx

- 4:30 p.m. WELCOME & INTRODUCTIONS**
Chairperson Abigail Stevenson will welcome attendees and facilitate brief introductions. The board will meet virtually with an in-person option offered quarterly until further notice.
- 4:40 p.m. APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**
July Meeting Minutes will be approved and any changes to the August Agenda will be approved.
- 4:45 p.m. YOUTH REPRESENTATIVE REPORT**
Youth Representatives on the Commission and guests will have an opportunity to update the Commission on youth issues and activities in their community.
- 5:00 p.m. ELECTIONS – YOUTH BOARD CO-CHAIRPERSON AND BOARD VICE CHAIRPERSON**
With the graduation of our current Youth Co-Chairperson (Teagan Krog) and Vice-Chairperson (Camden Singer) in June, these positions are now open. We will hold elections for our Youth Co-Chairperson and for our Vice Chairperson positions. .
- 5:30 p.m. PROJECT UPDATES & ACTIVITIES**
Updates on the Kitsap Youth Forum, the membership drive, and purchase of a new zoom account, and other activities will be shared and discussed.
- 5:40 p.m. UPCOMING PROJECTS & ACTIVITIES**
Information will be shared about community activities happening in the near future.
- 5:50 p.m. ANNOUNCEMENTS AND PUBLIC COMMENT (2 MINUTE LIMIT)**
Members of the board & the public will announce events & share comments.
- 6:00 p.m. ADJOURNMENT & NEXT MEETING: The next monthly meeting will be held September 6, 2024.**

Kitsap County Commission on Children and Youth

MINUTES July 11, 2024

The Kitsap County Commission on Children and Youth meeting was held on Thursday July 11, 2024, from 4:30 -6:00 p.m. via Zoom. It should be noted that we had technical difficulties with accessing the zoom link to the virtual meeting. Laura created a fresh meeting link and emailed it out to members and individuals who sent email asking for help. She also shared that we are using an account shared with other Kitsap County Programs and there has been difficulty as this account only allows for one account manager. Members present were in agreement for the Youth Commission to purchase their own zoom account. Abigail Stevenson, Co-Chairperson facilitated this meeting and called the meeting to order. Laura Hyde served as staff and recorder.

I. **WELCOME & INTRODUCTIONS**

Board Co-Chair Abigail Stevenson called the meeting to order and asked members and guests for self-introductions. Attendees offered introductions.

II. **APPROVAL OF THE MINUTES/AMENDMENTS TO THE AGENDA**

June 6, 2024, meeting minutes were approved and entered into the record. We are meeting virtually and in-person today. The June 6, 2024, Agenda was approved.

III. **YOUTH REPRESENTATIVE REPORTS**

We did not have a Youth representatives report this month as our three youth representatives on the Commission were not in attendance. Camden Singer and Teagan Krog recently graduated and are headed to college. Lynne Tabone is on vacation out of the area and could not attend today's meeting. The Commission discussed youth representative recruitment and several ideas were formed.

IV. **PRESENTATION – Kitsap County Youth Program Updates**

Laura Hyde presented information about the Kitsap County Youth Program. She shared information about the Guiding Good Choices Caregiver and Parent Classes that will start this week. Classes are full with a waiting list. A second session is planned for the fall. A facilitator training is being scheduled to increase capacity for trainers for this new program to Kitsap. Laura also shared information about the Friends For Life Campaign is beginning. The campaign is focused on youth opioid and fentanyl prevention and was created by the State of Washington with input from youth. Laura also shared information about their new funding for Youth Opioid/Fentanyl misuse prevention recently funded by the Opioid Settlement Funds.

V. **PROJECT UPDATES & ACTIVITIES**

Information was shared about community activities happening in the future.

VI. **ANNOUNCEMENT/PUBLIC COMMENT**

The board and guests shared announcements.

VII. **ADJOURNMENT & NEXT MEETING**

The meeting was adjourned. The next meeting will be held on August 1, 2024. We will meet virtually. In-person meeting will occur quarterly.

IV. ATTENDANCE

COMMISSION MEMBERS	STAFF	GUESTS
Abigail Stevenson	Laura Hyde	Courtney Oliver
Crista Magneson		Danielle Jenkel
Cathy Adams Bomar		Melissa McEfresh
Kimberly Riley		
Absent		
Elisabeth Nilsson		
Bethany Wecks		
Natasha Facticeau Minger		
Josh Lane		
Camden Singer		
Dragan Kardzic		
Teagan Krog		
Lynne Tabone		
Brendon Taga		
Amanda Williamson		
Emily Main		

QPR

(Question/Persuade/Refer)

SUICIDE PREVENTION TRAINING

August 6 & 8, 2024

Ask a Question, Save a Life

Three steps anyone can take to help prevent suicide. You can be a resource for someone who might be struggling.

This training is for anyone that wants to recognize the signs that someone is at risk for suicide.

QPR Gatekeeper Training Teaches:

- How to recognize the warning signs
- How to offer hope
- How to refer someone to help

Tuesday, August 6, 2024

Doors open at 4:00 pm
Training from 4:30 pm - 5:30 pm
7 Cedars Hotel, Blyn Room
270756 US-101
Sequim, WA 98382

Thursday, August 8, 2024

Doors open at 4:00 pm
Training from 4:30 pm - 5:30 pm
Poulsbo Library, Community Room
700 NE Lincoln Road
Poulsbo, WA 98370

Light refreshments will be served



Serving Clallam, Jefferson,
and Kitsap Counties

Register for free:
<http://bit.ly/4bsuqT9>



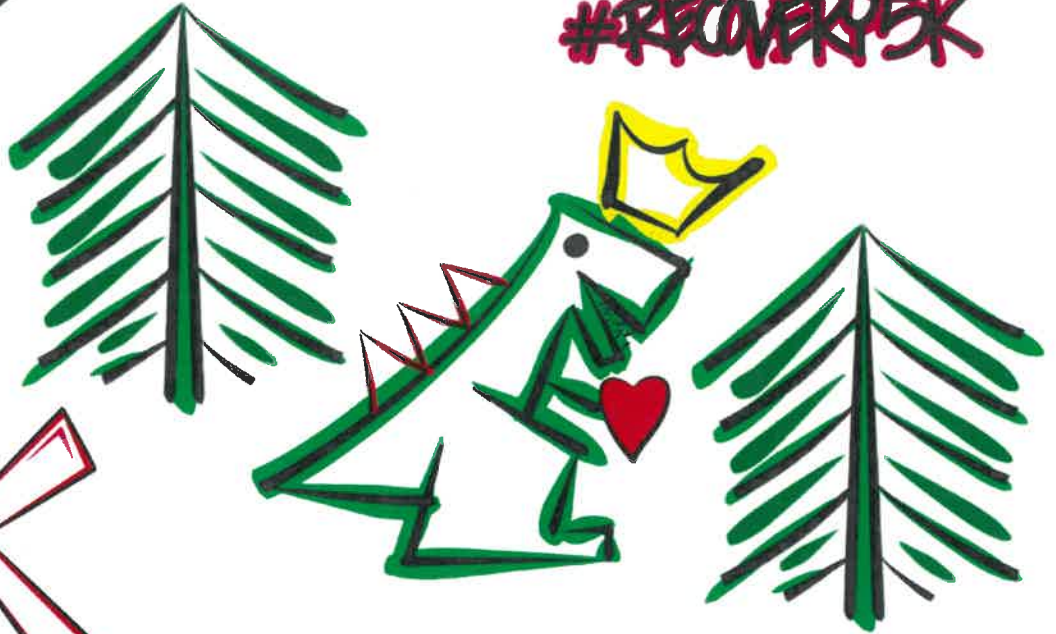
For more info, contact Amy Browning at
abrowning@kitsap.gov or 360-307-4275

September 7
Bremerton WA

#WILLRUN4DONUT
#RECOVERY5K

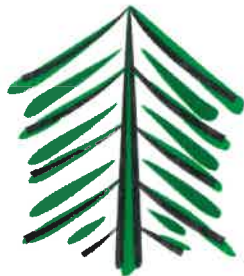


5K



9:00 am
Recovery 5k
Illahee Preserve

11-2:00
Recovery Day at the Park
Evergreen Park



BBQ!



RECOVERY
DAY AT
THE PARK



Salish Recovery Coalition
Supporting all roads to recovery



SUICIDE AWARENESS WALK AND RESOURCE EVENT

- SATURDAY
- SEPTEMBER 14TH
- 12:00 - 3:00 PM
- EVERGREEN PARK

HOSTED BY SHAY PETERS
SPONSORED BY KITSAP MENTAL HEALTH SERVICES





**KITSAP
MENTAL HEALTH
SERVICES**

SALISH REGIONAL CRISIS LINE

1-888-910-0416 OR TEXT 988

**YOUTH MOBILE CRISIS
OUTREACH TEAM**

- **WHAT:** YMCOT through Kitsap Mental Health Services provides 24-hour crisis response regardless of insurance coverage.
- **WHO:** A Youth Mobile Outreach Team (YMCOT) consists of a Mental Health Professional/ Mental Health Care Provider and a Certified Peer that responds to the crisis call for a youth in need.
- **WHEN:** YMCOT responds when individuals are experiencing an acute behavioral health crisis.
- **WHERE:** YMCOT meets individuals where they are at in the community, responding as mobile frontline teams across Kitsap County.
- **HOW:** YMCOT referrals can be initiated by individuals in crisis, concerned citizens, law enforcement, family members and professional providers. The team builds rapport to actively engage youths in need of stabilization and safety planning for up to 2 weeks.