

*Thank You . . .*

To the Kitsap County Board of Commissioners for their support and funding of this project: Steve Bauer, Josh Brown and Charlotte Garrido are supportive of persons with special needs in Kitsap County.

To the members of the Kitsap County Developmental Disabilities Advisory Board for their support : Larry Mack, Chair, Christine Johnson, Sandra LaCelle, Carol Pacheco, Kathy Lougheed, Greg Albertson, Laquita Joy Pendergrass, Donna Gearns, Jacki Haight, Veola Taylor and George Adams.

And to the Kitsap County Developmental Disability staff for their assistance in completing this guide and distributing it to those that most need this information: Kelly Oneal, Kirsten Murray and Linda Ward.

*The following guide lists the essential services for people with developmental disabilities in Kitsap County. Please submit additions, deletions or modifications to Kitsap County, Department of Personnel and Human Services, Developmental Disabilities Program at 360-337-4622.*

*(You can access this guide online at Website:[www.kitsapgov.com/hr/wsolympic/devdisabl.htm](http://www.kitsapgov.com/hr/wsolympic/devdisabl.htm); for additional copies of this guide, please call 360-337-4622)*

***If you are looking for a specific support group for people or families with special needs which is not listed in this directory, please call any of the following numbers. The group may be meeting locally.***

***Arc of Kitsap/Jefferson County .....360-377-3473***

***Child Care Resource and Referral Parent Line***

***Lutheran Community Services.....1-800-300-1247***

***Family Resource Coordinator..... 360-373-2536***

***Kitsap County DD Coordinator ..... 360-337-4624***

***Kitsap County Parent***

***Coalition Coordinator..... 360-769-2220***

***or 1-800-347-7387***

***Kitsap Community Resources ..... 360-478-2301***

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### **R R R R ...**

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.  
(HO)

### **S S S S ...**

Screening Test—A procedure to determine if a person has a certain medical condition. (HO)

Secondary Care—Care, often provided in hospitals and long-term facilities, that makes more use of caregivers with specialized training than does primary care. (HO)

Self-Referral—When a health-care provider stands to benefit financially from referring a patient to another provider for care. (HO)

Service Area—The geographic area a health plan serves. (HO)

Sheltered Workshop—Provides transitional and/or long-term employment in a controlled and closed working environment. It may provide vocational evaluation, work adjustment, and supported employment service.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security Trust. The worker’s widower or worker’s adult child with a disability may also receive a benefit.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians. (HO)

Supported Employment—Paid employment for individuals with severe disabilities. All supported employment programs take place in integrated settings with on-going job site support provided by professional staff in integrated community based employment setting.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

### **T T T T ...**

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.  
(HO)

### **U U U U ...**

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate. (HO)

**L L L L ...**

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder. (HO)

**M M M M ...**

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged. (HO)

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses. (HO)

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life. (HO)

**N N N N ...**

Non-Participating Provider—A provider who isn't part of a specific health plan. (HO)

**O O O O ...**

Outcome Oriented—A measurable skill at the end of a set period of training.

**P P P P ...**

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate. (HO)

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan. (HO)

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance. (HO)

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or prevents them from occurring. (HO)

Primary Care—First-level or generalist care that a person receives outside a hospital. (HO)

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises. (HO)

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage. (HO)

Provider—A person or an institution that delivers a service. (HO)

**ADVOCACY/DISABILITY SUPPORTS**  
**IN KITSAP COUNTY**

**Arc of Kitsap/Jefferson County ..... 360-377-3473**

3243 N Perry Ave., Bremerton WA 98310

Web: www.arckj.org

- ◇ individual and family support, advocacy, parent education programs, Bingo games, Friday night socials/dances, aerobics classes, representative payee, guardianship information, counseling, and financial assistance.

**Camp Fire USA ..... 360-377-5513**

1109 Warren Ave., Bremerton WA 98337-1606

E-Mail: west@campfire-usa.org

Web: www.campfire-usa.org

- ◇ baby-sitting services for children with developmental disabilities, special Saturdays Club for children with special needs and their siblings as well as training for baby-sitters for children with special needs

**C.H.A.D.D. ADD/ADHD Support Group .... 360-697-3922**

nwchadd.org

- ◇ support group for children and adults
- ◇ meets second Tuesday of each month, at Peninsula Bible Fellowship—7:00 p.m.
- ◇ Contacts: Kerry Miller or Lynn Myrvang

**Down Syndrome Support Group of Kitsap County and Surrounding Areas, (UPSIDE)..... 360-308-0187**

- ◇ meets monthly, contact for meeting schedule
- ◇ contact: Sharon Dommermuth, 360-308-0187
- ◇ contact: Anne Mullis, 206-842-9027

**Elder and Adult Day Services (EADS) .... 206-859-5750**

9723 Coopetop Loop, Suite 101, Bainbridge Is. 98110

eadscare.org

- ◇ adult day programs for seniors and people with disabilities: day program, social/recreational activities, noon meal, social services, rehabilitative medicine, therapy, health care, young adult program

**Harrison-Green Mountain**

**Rehabilitation ..... 360-475-6480**

2625 Wheaton Way, Suite A, Bremerton WA 98310

- ◇ occupational therapy, physical therapy, speech therapy and rehabilitation for neurological injury, illness, or work related

**Harrison Medical Center, Education** ..... 360-792-6765  
 2520 Cherry Ave., Bremerton WA 98310  
 Web: www.harrisonmedical.org

- ◇ community health programs including maternal-child birth, safe sitters (11-13 ages)

**Head Injury Support Group**..... 360-475-6480  
 2526 Wheaton Way, Suite A Bremerton WA 98310

- ◇ Support group meetings twice a month. Call for times and locations

**Holly Ridge Center  
 Infant Toddler Program** ..... 360-373-2536  
 Toll Free ..... 1-800-449-1660  
 5112 NW Taylor Rd., Bremerton WA 98312  
 E-Mail: itp@hollyridge.org  
 Website: www.hollyridge.org

- ◇ birth to three neurodevelopment early learning center for children and families with special needs
- ◇ contact: Kathy Fortner, Director

**Kitsap Autism Support**

- ◇ An online support group for anyone touched by Autism.
- ◇ kitsapautismsupport@yahoo.com

**Kitsap County Family  
 Resource Coordinator** ..... 360-373-2536  
 Toll Free ..... 1-800-449-1660  
 Holly Ridge Center, 5112 NW Taylor Rd., Bremerton WA 98312  
 E-mail: frc@hollyridge.org

- ◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap County Father's Network** ..... 360-692-4670  
 E-mail: Doug\_St@hotmail.com  
 Web: www.fathersnetwork.org

- ◇ monthly support group for fathers of children with special needs
- ◇ meets 3rd Saturday, 10am– 12pm during school year at the ARC
- ◇ contact: Doug Stauner

**H H H H ...**

Habilitation—Services provided to individual with developmental disabilities to help them achieve the highest level of

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium. (HO)

Health Plan—The set of services in an insurance policy for health care. (HO)

Healthy Options and SSI Healthy Options—Medicaid benefits that deliver most medical services through Managed Care Organizations. (HO)

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's. (HO)

**I I I I ...**

Independent Living Skills—Basic skills needed to successfully function to the greatest extent possible, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short-term objectives, including: a) timelines, b) measurable expected outcomes, and c) identification of persons who are responsible for teaching and monitoring the plan to ensure that the goals and objectives are met.

Inpatient—A patient who stays in a hospital overnight. (HO)

Integrated Work Setting—Work setting where duties are performed with opportunity for work and non-work interaction with workers who are not disabled. Ratio of non-disabled to disabled workers is no higher than eight-to-one.

**J J J J ...**

Job Analysis—Job analysis identifies and describes: a) what the worker does; b) how the work is done; c) results of the work; and d) the worker's characteristics.

Job Coach—Provides individualized one-to-one assistance in job placement, travel training, skill training at the job site, ongoing assessments, and long-term assessment.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

Copayment—A fixed dollar amount the recipient pays for health-care services at the time of receiving the service. (HO)

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

#### **D D D D ...**

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill. (HO)

Diagnosis—Identification of a disease producing a specific condition. (HO)

Diagnostic Services—Procedures to determine the presence of a health condition. (HO)

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair. (HO)

#### **E E E E ...**

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance. (HO)

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly. (HO)

Employability—Factors that determine whether an individual can be placed on a job and whether the individual can keep the job once placed.

Exclusions—Health conditions that an insurance policy specifically doesn't cover. (HO)

#### **F F F F ...**

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

#### **G G G G ...**

Gainful Employment—Includes employment in one of the following: Competitive labor market, supported employment, sheltered employment, or homebound work. Work is performed for living wage and typical benefits.

Gatekeeper—The person who controls a patient's access to health-care services, whether as a case manager or a primary-care provider. Typically, this person must approve all uses of health-care services. (HO)

**Kitsap County Parent Coalition** .....360-769-2220

Toll Free ..... 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard WA 98366

E-Mail: parentcoalition@KITSAP-WA.org

Web: www.KITSAP-WA.org

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Nancy Martin

#### **Kitsap Parent Child**

**Assistance Program (PCAP)** .....360-377-0370

4843 Auto Center Way, Suite A, Bremerton, WA 98312

E-mail: kitsappcap@gmail.com

- ◇ Administered by Agape' Unlimited
- ◇ Advocacy and case management intervention for high-risk women with maternal alcohol and drug abuse
- ◇ Contact: Charlene Takeuchi, Clinical Director

**Mom's Time Out**.....360-692-3701

- ◇ Support group for mothers of children with special needs
- ◇ Meets the third Friday of every month from 7:00 to 10:00 p.m. at Starbucks located 1616 Bentley in Bremerton (across from Wal-Mart)
- ◇ Contact: Charelaine Hampton, charelaine@msn.com

**Parent to Parent Support Program** .....360-377-3473

3243 N. Perry Avenue, Bremerton WA 98310

- ◇ the Arc of Kitsap/Jefferson County
- ◇ parent mentoring, support group, monthly Sibshops, information, referral, and lending library, senior family caregiver project
- ◇ Autism Support, Information and Fun for Kitsap (AS IF Kitsap)
- ◇ contact: Sherry Charlot, sherry@arcj.org

#### **Self Advocates of Washington**

Kitsap County.....360-550-8365

Contact: Marcie Turnbull

- ◇ self-advocacy groups for people with developmental disabilities

**Washington PAVE**.....253-565-2266

Toll Free ..... 1-800-572-7368

6316 S. 12th St., Tacoma WA 98465

Web: www.washingtonpave.org

- ◇ parent-to-parent support for parents of children with special needs, contact: Michelle Lehosky, 253-565-2266
- ◇ parent training program, contact: Karen Anderson, 253-565-2266

- Wheelchair Library for You** ..... 360-830-5053  
 62 Peter Haggen, Seabeck WA 98380
- ◇ free lending of medical equipment, accepts donations
  - ◇ contact: Charles Morris

## **BLINDNESS**

(also see **Washington State/National Advocacy/Disability Support on page 40**)

- Able Opportunities, Inc.** ..... 360-638-0881 (V/TTY)  
 P.O. Box 468, Hansville, WA 98340  
 Web: [www.ableopportunities.com](http://www.ableopportunities.com)
- ◇ vocational evaluation, placement and retention, independent living assessments and training
  - ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
  - ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
  - ◇ All services available in ASL, American Sign Language.

- Blind Veterans Association** ..... 1-800-669-7079  
 Web: [www.bva.org](http://www.bva.org)
- ◇ veteran benefits, employment, legislation

- Community Services for the Blind and Partially Sighted (CSBPS)** ..... 1-800-458-4888  
 9709 Third Avenue NE, #100, Seattle WA 98115-2027  
 E:Mail: [csbps@csbps.com](mailto:csbps@csbps.com)  
 Web: [www.csbps.com](http://www.csbps.com) or [www.sightconnection.com](http://www.sightconnection.com)
- ◇ counseling, support groups, skills for independent living, assessment, training
  - ◇ adaptive aids store, mail order catalogue, educational services

- Department of Services for the Blind**... 1-800-552-7103  
 4565 7th Ave. SE, Lacey 98503  
 3411 S Alaska Street, Seattle WA 98118-1631  
 949 Market Street, Ste 508, Tacoma 98402  
 Web: [www.dsb.wa.gov](http://www.dsb.wa.gov)
- ◇ independent living program, vocational rehabilitation, orientation and training
  - ◇ assistive technology training/services, family services

- Kitsap County School Districts (special services)**
- Bainbridge Island ..... 206-842-2907  
 Bremerton ..... 360-473-1011

## **COMMONLY USED PHRASES AND WORDS**

### **A A A A ...**

- Acute Illness**—An illness that has occurred suddenly and may be serious. (HO)
- Activities of Daily Living (ADL)**—Behaviors necessary for self care.
- Adaptive Behavior**—Use of basic skills in daily life activities.
- Adult Service Agency**—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children (i.e., Division of Developmental Disabilities (DDD); Division of Vocational Rehabilitation (DVR); Public Assistance (Welfare); Women, Infants and Children (WIC); Employment Security, etc.).
- Ambulatory Care**—Health services that are provided without an overnight stay in a health-care facility. (HO)
- Ancillary Services**—Miscellaneous tests, such as laboratory or radiological exams. (HO)
- Assistive Technology Device**—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

### **B B B B ...**

- Basic Health Plan (BHP)**—Managed care plan available through the State of Washington to any individual or family. Premiums can be subsidized by the state, based on income and need. (HO)
- Basic Health Plan/Plus (BHP/Plus)**—Basic Health Plan for eligible children that provides its benefits through Healthy Options/Medicaid. (HO)

### **C C C C ...**

- Case Management**—The process of having a person's health-care needs coordinated by using an ongoing plan. (HO)
- Case Manager**—Individual who arranges services, ensures that clients progress through the process, completes reviews, and (may) maintain fiscal responsibility.
- Coinurance**—A percentage (often 20%) that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment. (HO)
- Community Based Programs**—Programs for individuals with disabilities that are located within the individual's community.
- Community Resources**—Public or private agencies, schools or programs offering services to people.
- Concurrent Review**—A review by an insurer at the time of service to verify that a patient needs continued inpatient care. (HO)

SLS	Supported Living Services
SNF	Skilled Nursing Facility
SPI	Superintendent of Public Instruction
SSA	Social Security Administration
SSBG	Social Services Block Grant ( <i>1997 Welfare Reform</i> )
SSDI	Social Security Disability Income
SSI	Supplemental Security Income
SSP	State Supplementary Payment
STD	Sexually Transmitted Disease ( <i>HO</i> )
STOMP	Specialized Training of Military Parents
SW	Social Work/ Social Worker
<b>T T T T ...</b>	
TA	Task Analysis
TANF	Temporary Assistance to Needy Families ( <i>1997 Welfare Reform</i> )
TARP	Technical Assistance for Parents and Teachers
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TS	Tenant Support
TT/TTY	Telephone Typewriter
TXIX	Title 19 ( <i>Medicaid funding through the Social Security Act</i> )
<b>U U U U ...</b>	
UCP	United Cerebral Palsy
UW	United Way
<b>V V V V ...</b>	
VA	Veterans Administration
VI	Visually Impaired
VR	Vocational Rehabilitation
<b>W W W W ...</b>	
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WARI	Washington Association of Rehabilitation Industries
WAIS	Weschler Adult Intelligence Scale
WISC	Weschler Intelligence Scale for Children
WIC	Women, Infants and Children ( <i>supplemental food program</i> )
WISE	Washington Initiative for Supported Employment
WPAS	Washington Protection and Advocacy System
WSMC	Washington State Migrant Council
WSPEP	Washington State Parent/Educator Partnership

Central Kitsap.....	360-662-1040
North Kitsap .....	360-394-2604
South Kitsap.....	360-443-3625

**Kitsap Regional Library**.....360-405-9100  
1301 Sylvan Way, Bremerton, WA 98310  
Web: www.krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9127 for Outreach and Support Services

**LS&S Group**..... 1-800-468-4789  
Web: www.lssproducts.com

- ◇ catalog specializing in products for the visually and hearing impaired

**N.W. Lions Foundation  
For Sight and Hearing**.....206-682-8500  
Toll Free ..... 1-800-847-5786  
Web: www.nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

**Olympic College**  
Adaptive Technology.....360-475-7510  
Access Services .....360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
E-mail: kfusco@oc.ctc.edu  
Web: www.oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Olympic Recording for the Blind**.....360-895-0305  
◇ newspaper articles from the KitsapSun transcribed daily to tape  
◇ contact: Susan Evans

**Peninsula Council of the Blind** .....360-373-2772  
Information line..... 1-800-255-1147  
PO Box 91, Tracyton, WA 98393  
E-Mail: thepcb@comcast.net  
http://thepcb.tripod.com  
◇ local chapter of WA State Council of the Blind

- ◇ promotes public awareness and education
- ◇ provides support and sharing to members
- ◇ opportunities for community participation, recreation and vocation

**Peninsula Rehabilitation Services**.....360-765-4239

Fax .....360-765-5053

2510 Snow Creek Road, Quilcene WA 98376

- ◇ free independent living services for visually impaired/blind people 55 years and older
- ◇ contact: Carl or Cathy Jarvis
- ◇ may leave message with WA State Dept of Services for the Blind (1-800-552-7103)

**Vision Loss Support Group** .....360-698-0827

- ◇ A forum for those dealing with vision loss or blindness.
- ◇ Contact: Cindy Van Winkle, cindy.vw@msn.com

**VIPS (Visually Impaired Persons)**

Bainbridge Island .....206-842-7349

- ◇ social, sharing and meetings
- ◇ 2nd Wednesday of month, Bainbridge Island library, 1-3 pm
- ◇ contact: Virginia Hardy

**Washington State School for the Blind**....360-696-6321

Web: www.wssb.wa.gov

2214 E 13th Street

Vancouver WA 98661-4120

- ◇ provides services in local school districts
- ◇ on-campus programs at no cost to parents and districts
- ◇ Lions Low Vision Clinic, Instruction Resource Center, Braille Production, Statewide Technology Center, Evaluation Assessment, in-service and training

**Washington Talking Book and**

**Braille Library** ..... 1-800-542-0866

2021 9th Avenue, Seattle WA 98121-2783

E-Mail: wtbb@wtbbl.org

Web: www.wtbbl.org

- ◇ free, statewide public library service for individuals with disabilities
- ◇ books and magazines on audio cassette, large print or Braille

PEAK	Parent Education and Assistance for Kids
PFTH	Program for the Handicapped ( <i>Champus program—military</i> )
PHN	Public Health Nurse
PKU	Phenylketonuria
PL	Public Law
PPA	Preferred Provider Arrangement (HO)
PPO	Preferred Provider Organization (HO)
ProPAC	Prospective Payment Assessment Commission (HO)
PPRC	Physician Payment Review Commission (HO)
PT	Physical Therapist
PT	Physical Therapy
PTA	Parent Teacher Association
PTI	Parent Training and Information Center
PTSS	Post Traumatic Stress Syndrome

**R R R R ...**

R&D	Research and Development
RBRVS	Resource-Based Relative Value Scale (HO)
RCW	Revised Code of Washington
REW	Rehabilitation Enterprises of Washington
RHC	Residential Habilitation Center
RN	Registered Nurse
RPT	Registered Physical Therapist
RSAS	Rehabilitation Services Accreditation System
RSN	Regional Support Network/Mental Health Region
RSVP	Retired Seniors Volunteer Program
RVS	Relative Value Scale (HO)

**S S S s ...**

S.A.F.E	Schools Are For Everyone
SAMSHA	Substance Abuse and Mental Health Services Administration (HO)
S.A.N.E.	Sexual Assault Nurse Examiner
SAVI	Sexual Assault Victim Intervention ( <i>military</i> )
SBD	Seriously Behaviorally Disabled
SCAN	State-Controlled Area Network
SCH	Sole Community Hospital (HO)
SE	Supported Employment
SEA	State Education Agency
SEAC	Special Education Advisory Council
SEPAC	Special Education Parent/Professional Advisory Council
SGA	Substantial Gainful Activity (SSA)
SLD	Specific Learning Disability
SLP	Speech-Language Pathologist

NIMH National Institute of Mental Health  
 NIOSH National Institute of Occupational Safety and Health (HO)  
 NISH National Institute for Severely Handicapped  
 NLM National Library of Medicine (HO)  
 NP Nurse Practitioner (HO)  
 NPRM Notice of Proposed Rulemaking (HO)

**O O O O ...**

OAA Old-Age Assistance (HO)  
 OASDHI Old-Age Survivors, Disability, and Health Insurance program (HO)  
 OASI Old-Age Survivors Insurance  
 OBRA Omnibus Budget Reconciliation Act of 1987 (provides funding for people in need of nursing home care or equivalent services)  
 OCR Office of Civil Rights  
 OESD Olympic Educational Service District  
 OFM Office of Financial Management  
 OI Orthopedically Impaired  
 OJT On-the-Job Training  
 OMB Office of Management and Budget  
 OPD Outpatient Department (HO)  
 OPPFM Office of Program Planning and Fiscal Management  
 ORDA Office of Research and Data Analysis  
 OSEP Office of Special Education Programs  
 OSERS Office of Special Education and Rehabilitation Services  
 OSPI Office of the Superintendent of Public Instruction  
 OT Occupational Therapist  
 OT Occupational Therapy  
 OTR Licensed and Registered Occupational Therapist

**P P P P ...**

P&A Protection and Advocacy  
 P/O Project Options (a program to reduce the size of larger institutions, formerly referred to as "downsizing")  
 PA Physicians Assistant (HO)  
 PA Public Assistance  
 PAC Parent Advisory Committee  
 PASS Plan for Achieving Self Support  
 PCAP Parent Child Assistance Program  
 PAVE Parents Are Vital In Education  
 PCP Primary Care Physician (HO)  
 PCM Positive Crisis Management

**CHILDREN'S THERAPY SERVICES**  
 (also see Services for Children With Special Needs, page 33)

**MULTIPLE SERVICE PROVIDERS**

**Children's Hospital** ..... 1-866-987-2000  
 Children's Resource Line ..... 1-866-987-2500  
 TTY ..... 206-987-2280  
 4800 Sand Point Way NE, Seattle WA 98105  
 Web: www.seattlechildrens.org

**Harrison Hospital Pediatric Rehabilitation Services** ..... 360-662-6080  
 1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Hearing, Speech and Deafness Center (HSDC)**  
 V/TTY ..... 206-323-5770  
 1625 19th Ave., Seattle, WA 98122  
 Web: www.hsdc.org

- ◇ speech, language and motor services
- ◇ services for deaf and hard of hearing children
- ◇ audiology services (including infants) and hearing aids

**Holly Ridge Center** ..... 360-373-2536  
 5112 NW Taylor Rd., Bremerton WA 98312  
 E-Mail: hrc@hollyridge.org  
 Website: www.hollyridge.org

**Mary Bridge Children's Health Center** ..... 360-662-1200  
 Toll Free ..... 1-800-552-1419  
 1780 NW Myhre Rd. Suite G220, Silverdale, WA 9838-8677  
 Web: www.multicare.org

**Mary Bridge Children's Hospital** ..... 253-403-1400  
 317 Martin Luther King Jr. Way, Tacoma WA 98405-4234  
 Web: www.multicare.org

**OCCUPATIONAL THERAPISTS**

**Catherine Whiting** ..... 206-780-5664  
 13881 John St. NE, Bainbridge Island, WA 98110  
 ◇ serves children birth to teens

**Center for Therapeutic Intervention** ..... 253-851-3874  
 6659 Kimball Dr., Suite D-403., Gig Harbor WA 98335  
 ◇ Pediatric occupational therapy clinic

**Elk's Therapist** .....253-307-8914  
P.O. Box 11076, Tacoma WA 98411-0760  
Web: www.waelks.org

◇ contact: Sheila Allen, OT

**Harrison Hospital Pediatric  
Rehabilitation Services**.....360-662-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Hearing, Speech and Deafness Center (HSDC)**  
V/TTY.....206-323-5770  
1625 19th Ave., Seattle, WA 98122  
Web: www.hsdc.org

◇ free screenings, call for appointment

### PHYSICAL THERAPISTS

**Harrison Hospital Pediatric  
Rehabilitation Services**.....360-662-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Kitsap Children's Therapy**.....360-697-2228  
19319 7th Ave., Suite 114, Poulsbo WA 98370

◇ contact: Kristin Zinn, MS, PT

◇ pediatric children's therapy, speech and OT

### SPEECH THERAPISTS

**Children's Hospital  
Speech and Language** .....206-987-2104  
4800 Sand Point Way NE, MS-W6839, Seattle WA 98105-0371  
www.seattlechildrens.org

**Harrison Hospital Pediatric  
Rehabilitation Services**.....360-662-6080  
1780 NW Myhre Rd., Suite 2140, Silverdale, WA 98383

**Hearing, Speech and Deafness Center (HSDC)**  
V/TTY.....206-323-5770  
1625 19th Ave., Seattle, WA 98122  
Web: www.hsdc.org

◇ free screening, call for appointment

**Mary Bridge Speech and Hearing**.....253-403-4437  
Toll Free.....1-800-552-1419, ext. 4437  
1220 Division Ave., Tacoma WA 98405

LPN Licensed Practical Nurse (HO)  
LRE Least Restrictive Environment  
LSC Life Safety Code (HO)  
LVN Licensed Vocational Nurse (HO)

### **M M M M ...**

MAA Medical Assistance Administration  
MAAC Maximum Allowable Actual Charge (HO)  
MAF Medical Assistance Facility (HO)  
MAP Medical Audit Program (HO)  
MCAT Medical College Admission Test (HO)  
MCH Maternal and Child Health program (HO)  
MCO Managed Case Organization (HO)  
MD Medical Doctor  
MD Muscular Dystrophy  
MDT Multiple Disciplinary Team  
MEDLARS Medical Literature and Analysis Retrieval System (HO)  
MH Mental Health  
MH Multiply Handicapped  
MIHCP Medically Intensive Home Care Program  
MMIS Medicaid Management Information System (HO)  
MPC Medicaid Personal Care  
MR Mental Retardation  
MRI Magnetic Resonance Imaging (HO)  
MS Multiple Sclerosis  
MSA Metropolitan Statistical Areas (HO)  
MSW Master of Social Work

### **N N N N ...**

NACo National Association of Counties (HO)  
NAEYC National Association for the Education of Young Children  
NARC National Association for Retarded Children  
NARI Northwest Association of Rehabilitation Industries  
NCA National Council on Aging  
NCHS National Center for Health Statistics (HO)  
NCHSR/HCTA National Center for Health Services Research/Health Care Technology Assessment (HO)  
NDT Neurodevelopment Treatment  
NF Nursing Facility  
NGA National Governor's Association (HO)  
NHIS National Health Interview Survey  
NHSC National Health Service Corps (HO)  
NICU Neonatal Intensive Care Unit (HO)  
NIH National Institute of Health (HO)

IDEA Individuals with Disabilities Education Act  
 IDF Immune Deficiency Foundation  
 IEP Individualized Education Plan  
 IES Independent Employment Services (*provider*)  
 IFSP Individual Family Service Plan  
 IHP Individual Habilitation Plan  
 IMR Institution for Mentally Retarded (*federally funded group home*)  
 IOM Institute of Medicine of the National Academy of Sciences (*HO*)  
 IPP Individual Program Plan  
 IQ Intelligence Quotient  
 IRWE Income-Related Work Expense  
 ISE Individual Supported Employment  
 ISP Individual Service Plan  
 ITA Involuntary Treatment Act  
 ITEIP Infant Toddler Early Intervention Program  
 ITP Individual Training Plan  
 ITP Individual Transition Plan

**J J J J ...**  
 JAMA Journal of American Medical Association  
 JCAHO Joint Commission on Accreditation of Healthcare (*HO*)  
 JTPA Job Training Partnership Act of 1982 (*the manpower and training programs for youth and adults which are funded by the law*)  
 JWOD Javits Wagner O'Day Act

**K K K k ...**  
 KAT Kitsap Applied Technologies (*provider*)  
 KC Kitsap County  
 KICC Kitsap Interagency Coordinating Council  
 KMH Kitsap Mental Health  
 KJR Kitsap/Jefferson Residences (*provider*)  
 KSAC Kitsap Sexual Assault Center  
 KTSS Kitsap Tenant Support Services (*provider*)

**L L L L ...**  
 L-TC Long-Term Care  
 LD Learning Disabled  
 LD Learning Disability  
 LDA Learning Disability Association  
 LEA Local Education Agency  
 LICWAC Local Indian Child Welfare Advisory Board  
 LOS Length of Stay (*HO*)

**Tacoma Speech and Hearing Center.....253-472-6454**  
 5005 Center St., Suite H, Tacoma WA 98409

**CLOTHING/FOOD**

**Helpline House/Bainbridge Is. ....206-842-7621**  
 282 Knechtel Way, Bainbridge Island WA 98110

**S. Kitsap Helpline/Port Orchard .....360-876-4089**  
 1351 Bay Street, Port Orchard WA 98366

◇ food bank, thrift store

**Salvation Army.....360-373-5550**  
 PO Box 886, (832 6th St.), Bremerton WA 98337  
 Website: [www.bremertonsalvationarmy.org](http://www.bremertonsalvationarmy.org)

◇ Serving breakfast and lunch; call for meal times

◇ food bank

**St. Vincent de Paul.....360-479-7017**  
 1137 N Callow, Bremerton WA 98312

◇ food bank and assistance office

**St. Vincent de Paul.....360-377-2929**  
 1117 N. Callow, Bremerton, WA 98312

◇ thrift store

**DEAFNESS**

**(also see Washington State/National Advocacy/Disability Support on page 40)**

**Able Opportunities, Inc. .... 360-638-0881(V/TTY)**  
 P.O. Box 468, Hansville, WA 98340  
 Web: [www.ableopportunities.com](http://www.ableopportunities.com)

◇ vocational evaluation, placement and retention, independent living assessments and training

◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss

◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>

◇ All services available in ASL, American Sign Language.

**Early Hearing Loss, Detection, Diagnosis, and Intervention Program.....206-418-5613**  
 20435 72nd Ave., Suite 200, Kent, WA 98032

- ◇ WA state DOH genetic services section
- ◇ contact: EHDDI Program Consultant

**Family Conversations**.....206-987-5147

4800 Sand Point Way NE, W6640, Seattle, WA 98105-0371

- ◇ home based program for families with deaf or hard of hearing children living in western Washington
- ◇ playgroups, parent support, sign language classes and assistance with school transition

**Hearing, Speech, and Deafness Center (HSDC)**

V/TTY.....206-323-5770

1625 19th Ave., Seattle, WA 98122

Web: www.hsdc.org

- ◇ parent-infant program for families with deaf or hard of hearing children, programs for deaf youth
- ◇ community sign language classes, continuing ed. workshops for professionals,
- ◇ workshops for Deaf and hearing co-workers

**Holly Ridge Center**.....360-373-2536

Toll Free ..... 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

Web: www.hollyridge.org

- ◇ birth to three Neurodevelopmental Clinic and Preschool serving families and children with special needs

**Kitsap County**

**Family Resource Coordination** .....360-373-2536

**Toll Free** ..... 1-800-449-1660

5112 NW Taylor Rd. , Bremerton, WA 98312

E-mail: frc@telebyte.com

- ◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap County School Districts** (special services)

Bainbridge Island .....206-842-2907

Bremerton .....360-473-1011

Central Kitsap.....360-662-1040

North Kitsap .....360-394-2604

South Kitsap.....360-443-3625

- FMG Foreign Medical Graduate (HO)
- FNP Family Nurse Practitioner (HO)
- FPL Federal Poverty Level
- FPLS Federal Parent Locator Service (1997 Welfare Reform)
- FRC Family Resource Coordinator (for children birth to three)
- FSDB First Steps Database
- FTC Federal Trade Commission (HO)
- FY Fiscal Year

**G G G G ...**

- GHAA Group Health Association of America (HO)
- GIA Grant-in-Aid
- GP General Practitioner (HO)

**H H H H ...**

- HHS Department of Health and Human Services (HO)
- HCBS Home and Community Based Services Waivers (DSHS)
- HCFA Health Care Financing Administration (federal)
- HEDIS Health Plan Employer Data and Information Set (HO)
- HI Health Impaired
- HI Hearing Impaired
- HIAA Health Insurance Association of America (HO)
- HMO Health Maintenance Organization (HO)
- HMSA Health Manpower Shortage Area (HO)
- HOH Hard of Hearing
- HRC Holly Ridge Center (provider)
- HRSA Health Resources and Services Administration (HO)
- HSA Health Service Area (HO)
- HSA Health Systems Agency (HO)
- HUD Housing and Urban Development (federal)
- HWD Healthcare for Workers with Disabilities (MAA)

**I I I I ...**

- I&R Information and Referral
- IADL Instrumental Activities of Daily Living (HO)
- ICAP Inventory for Client and Agency Planning
- ICC Interagency Coordinating Council
- ICD-9 International Classification of Diseases, 9th Revision
- ICDA International Classification of Diseases, Adapted (HO)
- ICF Intermediate Care Facility
- ICF/MR Intermediate Care Facility for the Mentally Retarded
- ICU Intensive Care Unit (HO)

DMD	Doctor of Dental Medicine (HO)
DME	Durable Medical Equipment (HO)
DMH	Division of Mental Health
DO	Doctor of Osteopathy (HO)
DOD	Department of Defense
DOH	Department of Health
DOVIA	Directors of Volunteers in Agencies
DPH	Department of Public Health
DRG	Diagnosis-Related Group (HO)
DSHS	Department of Social and Health Services
DV	Domestic Violence
DVM	Doctor of Veterinary Medicine (HO)
DVR	Division of Vocational Rehabilitation (DSHS)
<b>E E E E ...</b>	
E&D	Evaluation and Diagnosis
ECDAW	Early Childhood Development Association of Washington
ECEAP	Early Childhood Education and Assistance Program
ECF	Extended Care Facility (HO)
ED	Emotionally Disturbed (severely behaviorally disabled)
EEG	Electroencephalogram
EEU	Experimental Education Unit
EFM	Exceptional Family Member Program (Military)
EKG	Electrocardiogram
EMR	Educable Mentally Retarded
EMS	Emergency Medical Services (HO)
EPA	Exclusive Provider Arrangement (HO)
EPSDT	Early and Periodic Screening, Diagnosis and Treatment Program (HO)
ER	Emergency Room (HO)
ERSA	Employee Retirement Income Security Act (HO)
ESD	Educational Service District
ESRD	End Stage Renal Disease (HO)
ESY	Extended School Year
ET	Expenditure Target (HO)
<b>F F F F ...</b>	
FAE	Fetal Alcohol Effect
FAS	Fetal Alcohol Syndrome
FAH	Federation of American Hospitals (HO)
FAPE	Free Appropriate Public Education
FDA	Food and Drug Administration (HO)
FEHBP	Federal Employees Health Benefits Program (HO)
FICA	Federal Insurance Contributions Act (HO)

**Kitsap Regional Library** .....360-405-9100  
1301 Sylvan Way, Bremerton, WA 98310  
Web: www.krl.org

- ◇ computers dedicated for use by people with visual disabilities
- ◇ on-line catalog accessible to visually impaired users
- ◇ training available for using systems
- ◇ large print and audio books
- ◇ Call 360-405-9127 for Outreach and Support Services

**N.W. Lions Foundation**  
**For Sight and Hearing** .....206-682-8500  
Toll Free ..... 1-800-847-5786  
Web: www.nlfoundation.org

- ◇ eyeglasses and vision exams for low income residents
- ◇ referral to local contacts and phone numbers
- ◇ eye tissue bank, accepts donated eyeglasses and hearing aides

**Olympic College**  
Adaptive Technology .....360-475-7510  
Access Services .....360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
E-mail: kfusco@oc.ctc.edu  
Web: www.oc.ctc.edu

- ◇ access, academic accommodations, adaptive technology for students with disabilities

**Tacoma Area Coalition of Individuals with Disabilities (TACID) V** ..... 1-253-565-9000  
TTY ..... 1-253-565-3486  
6315 S. 19th St, Tacoma, WA 98466  
Web: www.tacid.org

- ◇ deaf-blind and hard of hearing services

**EDUCATION**

**Bainbridge Island School District**  
**Special Education** .....206-842-2907

- ◇ contact: Clayton Mork, special education director, 206-780-1069
- ◇ early childhood coordinator - 206-780-3034

**Bremerton School District**  
**Special Services Department** .....360-473-1011

- ◇ contact: Robert Hamilton, special education director
- ◇ contact: Linda Sullivan-Dudzic, early childhood coordinator

**Central Kitsap Community Schools**.....360-662-1638

Web: [www.cksd.wednet.edu/commschool](http://www.cksd.wednet.edu/commschool)

- ◇ free publications available at libraries and schools, with schedules of a variety of classes

**Central Kitsap School District**

**Special Services Department**.....360-662-1040

- ◇ serving: Bangor, Silverdale, Bremerton
- ◇ contact: David William Moseman, special education director
- ◇ contact: Jim Siridakis, pre-school coordinator

**Disabilities, Opportunities, Internetworking**

**And Technology (DO-IT) (V/TTY) ...206-685-3648**

Toll Free (V/TTY) ..... 1-888-972-3648

University of Washington, Box 355670, Seattle, WA 98195-5670

Web: [www.washington.edu/doit](http://www.washington.edu/doit)

- ◇ grant funded program that focuses on college and career preparation for students with disabilities
- ◇ information, training for employers and educators

**ERIC– Educational Resources**

**Information Center**

Web: [www.eric.ed.gov](http://www.eric.ed.gov)

- ◇ database with information on the education of children with disabilities and children who are gifted

**Kitsap Community Resources,**

**Head Start/Early Childhood Education and**

**Assistance Program** .....360-473-2075

1201 Park Avenue, Bremerton WA 98337

- ◇ serving ages birth to 5 years
- ◇ early health & childhood development services

**Kitsap County Parent Coalition** .....360-769-2220

Toll Free ..... 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard WA 98366

E-Mail: [parentcoalition@KITSAP-WA.org](mailto:parentcoalition@KITSAP-WA.org)

Web: [www.KITSAP-WA.org](http://www.KITSAP-WA.org)

- ◇ advocacy, consulting, newsletter, training
- ◇ contact: Nancy Martin

CHC	Community Health Center (HO)
CHDD	Center on Human Development and Disabilities— <i>formerly CDMRC</i>
CHMC	Children's Hospital and Medical Center— <i>formerly COH</i>
CHP	Comprehensive Health Planning (HO)
CME	Continuing Medical Education (HO)
CMHC	Community Mental Health Center (HO)
CMP	Comprehensive Medical Plan (HO)
COB	Coordination of Benefits (HO)
COG	Council of Governments (HO)
COH	Children's Orthopedic Hospital— <i>now CHMC</i>
CON	Certificate of Need (HO)
COTH	Council of Teaching Hospitals (HO)
CP	Cerebral Palsy
CPA	Certified Public Accountants (HO)
CPHA	Commission on Professional and Hospital Archives (HO)
CPI	Consumer Price Index (HO)
CPR	Cardio-Pulmonary Resuscitation
CPR	Customary, Prevailing and Reasonable (HO)
CPS	Child Protective Services
CPT-4	Current Procedural Terminology, Fourth Edition (HO)
CRVS	California Relative Value Studies (HO)
CSHCN	Children with Special Health Care Needs— <i>formerly CCS (Department of Health)</i>
CSO	Community Service Office (DSHS)
CT	Computer Tomographic (scanners) (HO)
<b>D D D D ...</b>	
(D)HHS	Department of Health and Human Services (HO)
DCD	Department of Community Development
DCFS	Division of Children and Family Services (DSHS)
DD	Developmental Disabilities
DD	Developmentally Disabled
DD	Developmentally Delayed
DDC	Developmental Disabilities Council— <i>formerly DDPC</i>
DDD	Division of Developmental Disabilities (DSHS)
DDPC	Developmental Disabilities Planning Council— <i>now DDC</i>
DDS	Doctor of Dental Surgery (HO)
DEA	Drug Enforcement Administration (HO)
DH	Developmentally Handicapped
DIS	Department of Investigative Services
DMA	Division of Medical Assistance

ARNP	Advanced Registered Nurse Practitioner
ASHA	American Speech and Hearing Association
ASTHO	Association of State and Territorial Health Officials (HO)
AVER	Annual Vocational Evaluation Report
<b>B B B B ...</b>	
BARS	Budgeting, Accounting and Reporting System— <i>DSHS accounting code</i> (HO)
BCA	Blue Cross Association (HO)
BD	Behaviorally Disabled
BHP	Basic Health Plan (HO)
BHP/Plus	Basic Health Plan for eligible children (HO)
BIA	Bureau of Indian Affairs
<b>CC C C ...</b>	
CA	Comprehensive Assessment
CACFP	Child and Adult Care Food Program
CAP	Community Action Program ( <i>Department of Community Development</i> )
CAP	Client Assistance Program ( <i>Division of Vocational Rehabilitation</i> )
CAT	Computerized Axial Tomography (HO)
CBO	Congressional Budget Office
CBVA	Curriculum-Based Vocational Assessment
CCF	Congregate Care Facility
CCHP	Consumer Choice Health Plan (HO)
CCR&R	Child Care Resource and Referral
CCS	Catholic Community Services
CCS	Crippled Children's Services— <i>now CSHCN</i> ( <i>Department of Health</i> )
CCU	Coronary Care Unit (HO)
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention (HO)
CDS	Communication Disorders Specialist— <i>now SLP</i>
CDMRC	Child Development and Mental Retardation Center— <i>now CHDD</i>
CEC	Council for Exceptional Children
CFC	Combined Federal Campaign
CFR	Code of Federal Regulations
CHADD	Children and Adults with Attention Deficit Disorder
CHAMPUS	Civilian Health and Medical Program of the Uniformed Services (HO)
CHAP	Children Have a Potential ( <i>Air Force Handicap Assistance Program</i> )

**National Dissemination Center for Children with Disabilities, (NICHCY)(V/TTY)..... 1-800-695-0285**  
Web: [www.nichcy.org](http://www.nichcy.org)  
◇ information and referral center, children/youth from birth to age 22

**North Kitsap School District  
Special Services Department.....360-394-2604**  
◇ serving: Poulsbo, Bangor, Keyport, Kingston, Port Gamble, Hansville, Suquamish, Indianola  
◇ Dorothy Siskin, special education director, 360-394-2600

**Olympic College**  
Adaptive Technology.....360-475-7510  
Access Services .....360-475-7540  
1600 Chester Ave., Bremerton WA 98337  
E-mail: [kfusco@oc.ctc.edu](mailto:kfusco@oc.ctc.edu)  
Web: [www.oc.ctc.edu](http://www.oc.ctc.edu)

◇ access, academic accommodations, adaptive technology for students with disabilities

**Olympic ESD 114 .....360-479-0993**  
105 National Ave. N, Bremerton WA 98312  
Web: [www.oesd.wednet.edu](http://www.oesd.wednet.edu)

◇ serving the Olympic and Kitsap Peninsulas  
◇ Carol Pacheco, special programs director, 360-478-6886  
◇ Headstart and ECEAP, 360-478-6887

**Post-ITT**  
Web:[www.postitt.org](http://www.postitt.org)  
◇ web-based resource to aid students with disabilities transition from high school to college, comprehensive information about disability support services for technical, 2-year and 4-year colleges

**Rights in Education, Superintendent of Public Instruction .....360-725-6000**  
◇ supplementary special education, transition  
◇ publications on rules and regulations  
[www.k12.wa.gov](http://www.k12.wa.gov)

**Seattle Central Community College**  
Seattle (V/TTY) .....206-587-4183  
Web: [www.seattlecentral.edu](http://www.seattlecentral.edu)  
◇ special support services  
◇ contact: Al Souma, counselor

**Seattle University, Center for Change  
in Transition Services**.....206-296-6494

PO Box 222000, Seattle, WA 98122-1090  
Website: [www.seattleu.edu/ccts](http://www.seattleu.edu/ccts)

- ◇ technical assistance and training provided to school districts addressing transition needs of students with disabilities

**Special Education Parent Advisory Council  
(S.E.P.A.C)**

[specialservices.cksd.wednet.edu/sepac.htm](http://specialservices.cksd.wednet.edu/sepac.htm)

- ◇ Working partnership between parents educators and the special education community.
- ◇ Promotes awareness of student with special needs
- ◇ Contact Sharon Dommermuth at [theupside@comcast.net](mailto:theupside@comcast.net)

**South Kitsap School District**

**Special Services Department**.....360-443-3625

- ◇ serving: Port Orchard, Burley, Olalla, Manchester, Southworth, Sunnyslope, Gorst
- ◇ contact: Rita Reandeau, special education director
- ◇ contact: Jerre Daniels-Hall, early childhood coordinator

**Special Education Technology Center**.....509-963-3350

Web: [www.cwu.edu/~setc/](http://www.cwu.edu/~setc/)

Central Washington University

Mail stop 7413, 400 University Ave, Ellensburg, WA 98926

- ◇ A statewide project designed to assist school districts with the special technology needs of their students by providing technology resources that are otherwise difficult to find or access.

**Superintendent of Public Instruction**.....360-725-6000

Web:[www.k12.wa.us](http://www.k12.wa.us)

- ◇ health services ..... 360-725-6040
- ◇ legal services ..... 360-725-6133
- ◇ special education services ..... 360-725-6075
- TTY ..... 360-664-3631
- ◇ transportation ..... 360-725-6120

**Washington PAVE (V/TDD)** ..... 1-253-565-2266

6316 S. 12th St., Tacoma, WA 98465

Web:[www.washingtonpave.org](http://www.washingtonpave.org)

- ◇ parent-directed organization, information and training available to parents about the educational system for preschoolers and

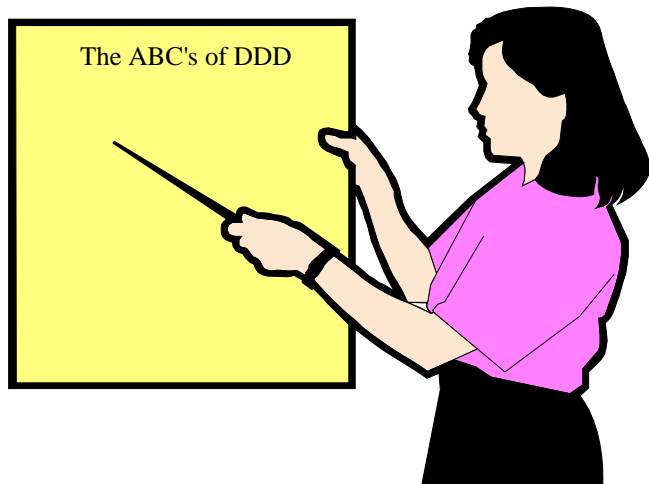
**ACRONYMS**

*HO in italics following the definition stands for Healthy Options.*

**A A A A ...**

- AAESPH American Association for Education Services of Severely and Profoundly Handicapped
- AAMC Association of American Medical Clinics *(HO)*
- AAMC Association of American Medical Colleges *(HO)*
- AAPCC Adjusted Average Per Capita Cost *(HO)*
- AAMD American Association of Mental Development
- AAPS American Association of Physicians and Surgeons *(HO)*
- AASA Aging and Adult Services Administration
- ACCH Association for the Care of Children's Health
- ACHS Association of Counties of Human Services—*state-wide county association which has a Developmental Disabilities core section*
- ADA American Dental Association *(HO)*
- ADA American Dietetic Association *(HO)*
- ADA Americans with Disabilities Act
- ADSA Aging and Disability Services Administration
- ADD Attention Deficit Disorder
- ADHD Attention Deficit-Hyperactive Disorder
- ADL Activities of Daily Living
- AES Adult Employment Service
- AFDC Aid to Families with Dependent Children—*now TANF (1997 Welfare Reform)*
- AGPA American Group Practice Association *(HO)*
- AHA American Hospital Association *(HO)*
- AHCPR Agency for Health Care Policy and Research *(HO)*
- AHEC American Health Education Center *(HO)*
- AIDS Acquired Immune Deficiency Syndrome
- ALIVE Alternatives to Living in a Violent Environment
- AMA American Medical Association *(HO)*
- ANA American Nurses Association *(HO)*
- ANHA American Nursing Homes Association *(HO)*
- AOA American Optometric Association *(HO)*
- AOA American Osteopathic Association *(HO)*
- APA Administrative Procedures Act *(HO)*
- APA American Pharmaceutical Association *(HO)*
- APHA American Protestant Hospital Association *(HO)*
- APHA American Public Health Association *(HO)*
- APS Adult Protective Services
- ARC Advocacy for the Rights of Citizens with Disabilities

# The ABC's of DDD



***A listing of  
Acronyms and Phrases  
frequently used  
in conjunction with  
Developmental Disabilities  
and Healthy Options***

- ◇ school age children with special needs
- ◇ workshops, referrals, and support

**West Sound Technical Skills Center** .....360-473-0550  
101 National Avenue N, Bremerton WA 98312  
Web: westsoundtech.com

- ◇ serving all high school students; vocational training classes
- ◇ must be referred through high school

## **EMPLOYMENT/ COMMUNITY ACCESS** (also see **Governmental Supports**, page 18)

**Able Opportunities, Inc.** ..... 360-638-0881(V/TTY)  
P.O. Box 468, Hansville, WA 98340  
Web: www.ableopportunities.com

- ◇ vocational evaluation, placement and retention, independent living assessments and training
- ◇ communication consultation for those supporting nonverbal individuals, specialization: sensory loss
- ◇ Contact agency for WIN, a job placement program at Harrison Medical Center: <http://ableopportunities.com/win/winentry.html>
- ◇ All services available in ASL, American Sign Language.

**Bainbridge Island Youth Services** .....206-842-9675  
9530 High School Rd., PO Box 11173, Bainbridge Island WA 98110  
Web: www.bainbridgeyouthservices.org

- ◇ job referrals, counseling, serves young people ages 12-20, must live on the Island or North Kitsap
- ◇ Contact: Lori Midthun

**Cares of Washington** .....360-377-1502  
2817 Wheaton Way, Suite 209, Bremerton, WA 98310  
Web: www.caresofwa.org

- ◇ short and long-term individual supported employment and community access services

**Easter Seals Washington** .....360-373-2502  
1740 NE Riddell Rd, Suite 315, Bremerton WA 98310  
Web: www.easter-seals.org

- ◇ supported individual employment, community access services
- ◇ contact: Sue Pritchard, director

**Holly Ridge Center** .....360-373-2536  
5112 NW Taylor Rd, Bremerton WA 98312  
E-Mail: [aes@hollyridge.org](mailto:aes@hollyridge.org)  
Web: www.hollyridge.org

- ◇ supported group and individual employment, job placement and retention services
- ◇ contact: Melinda Earl, AES program manager

**Job Corps/WorkSource ..... 360-337-4730**

1300 Sylvan Way, Bremerton, WA 98310

Web: [www.jobcorps.dol.gov](http://www.jobcorps.dol.gov)

- ◇ skills training for young adults, age 16 to 24
- ◇ contact: Paige Robinson

**Kitsap Applied Technologies ..... 360-377-5454**

4195 Wheaton Way, Bremerton WA 98310

E-mail: [customerservice@katkitsap.org](mailto:customerservice@katkitsap.org)

Web: [www.katkitsap.org](http://www.katkitsap.org)

- ◇ sheltered, group supported and individual supported employment, community access

**Kitsap Community Resources ..... 360-473-2118**

845 8th St., Bremerton WA 98337

- ◇ employment and training, community service
- ◇ AmeriCorp 360-473-2015
- ◇ South Kitsap Family Service Center—WorkSource affiliated 360-473-2144

**Kitsap County Personnel and Human Services**

**Job Line, Port Orchard ..... 360-337-7185**

Web: [www.kitsapgov.com](http://www.kitsapgov.com)

- ◇ recorded employment information on jobs with Kitsap County

**Pathways to Employment..... 360-782-0495**

P.O. Box 5203, Bremerton, WA 98312

865 6th St., Suite 370 and 380, Bremerton, WA 98337

- ◇ contact: Barbara Rinehardt, e-mail: [pspsblr@yahoo.com](mailto:pspsblr@yahoo.com)
- ◇ contact: Heidi Stinebiser, e-mail: [pte@wavecable.com](mailto:pte@wavecable.com)
- ◇ individual assessment, employment, job development, placement, and retention services

**Pathways to Success/WorkSource..... 360-337-4738**

**TTY..... 360-337-4778**

1300 Sylvan Way, Bremerton, WA 98310

Web: [www.oesd.wednet.edu](http://www.oesd.wednet.edu)

- ◇ academic support, job training, career development for youth ages 16-21

**Services for the Blind..... 1-800-552-7103**

Web: [www.dsb.wa.gov](http://www.dsb.wa.gov)

- ◇ vocational rehabilitation, training, independent living program, assistive technology training, family services

**Washington PAVE Parent-to-Parent Training Project..... 1-800-572-7368**

Web: [www.washingtonpave.org](http://www.washingtonpave.org)

**Washington Sensory Disabilities Services**

**(V/TTY)..... 1-800-572-7000**

E-Mail: [wsds@psed.org](mailto:wsds@psed.org)

Web: [www.wsdsonline.org](http://www.wsdsonline.org)

- ◇ deaf/hard of hearing, blind/visually impaired, deaf/blind

**Washington State Developmental**

**Disabilities Council ..... 1-800-634-4473**

Web: <http://www.wa.gov/ddc>

2600 Martin Way, Suite F, Olympia WA 98504-8314

- ◇ legislative information, grants, education

**Washington State**

**Father's Network ..... 425-747-653-4286**

Web: [www.fathersnetwork.org](http://www.fathersnetwork.org)

- ◇ support, information, resources for fathers of children with special health care needs and/or developmental disabilities

**Washington State**

**Legislative Hotline..... 1-800-562-6000**

P O Box 40600, Olympia, WA 98504

Web: [www.leg.wa.gov](http://www.leg.wa.gov)

**Washington Talking Book**

**and Braille Library ..... 1-800-542-0866**

Web: [www.wtbbl.org](http://www.wtbbl.org)

2021 9th Avenue, Seattle WA 98121

- ◇ serves the entire state

**Sclerosis Alliance** ..... 1-800-225-6872  
Web: [www.tsalliance.org](http://www.tsalliance.org)

**Retinitis Pigmentosa Association** ..... 1-818-992-0500  
Web: [www.rpinternational.org](http://www.rpinternational.org)

**Self Advocates of Washington,**  
Kitsap ..... 360-550-8

- ◇ self-advocacy groups for people with developmental disabilities
- ◇ Contact: Marcie Turnbull

**Sickle Cell Disease Association of America** ..... 1-800-421-8453  
Website: [www.sicklecelldisease.org](http://www.sicklecelldisease.org)

**TASH** ..... 202-263-5600  
Web: [www.tash.org](http://www.tash.org)

- ◇ International membership association promoting equity, opportunity and inclusion for people with developmental disabilities.

**Tourettes Syndrome Association** ..... 718-224-2999  
Web: [www.tsa-usa.org](http://www.tsa-usa.org)

**U.S. Dept. of Housing and Urban Development,**  
**Fair Housing Enforcement** ..... 1-800-877-0246  
TTY ..... 206-220-5185  
909 First Ave., Suite 205, Seattle, WA 98104  
Web: [www.hud.gov/fairhousing](http://www.hud.gov/fairhousing)

- ◇ handles complaints related to housing discrimination

**U.S. Department of Justice,**  
**ADA Homepage** ..... 1-800-514-0301  
TTY ..... 1-800-514-0383  
Web: [www.ada.gov](http://www.ada.gov)

**U.S. Department of Justice,**  
**Equal Employment Opportunity Commission,**  
**(EEOC)** ..... 1-800-669-4000  
TTY ..... 1-800-669-6820  
Web: [www.eeoc.gov](http://www.eeoc.gov)

- ◇ interprets and enforces employment regulations of the ADA

**Washington Department of**

**Peninsula Services** ..... 360-479-6520  
**Business Office** ..... 360-373-1446  
7500 Werner Road, Bremerton, WA 98312

- ◇ individual and group supported employment, vocational rehabilitation, job development and placement services

**Positive Solutions** ..... 360-373-5206  
2817 Wheaton Way, Suite 209, Bremerton, WA 98310  
Web: [www.psbrc.org](http://www.psbrc.org)

- ◇ benefits planning for SSI and SSDI recipients considering employment; SSI and SSDI work incentive workshops
- ◇ Contact: Carol Wolf

**Sound Works Job Center, Poulsbo** ..... 360-779-1160  
Fax ..... 360-779-4069  
PO Box 2019, Poulsbo WA 98370  
Web: [www.soundworks.home.donobi.net](http://www.soundworks.home.donobi.net)

- ◇ non-profit employment services, employment resources, job listings

**Washington State Employment Security Dept,**  
**Employment Support Project** ..... 360-337-4760  
1300 Sylvan, Bremerton WA 98310

- ◇ individual training and employment assistance for individuals with developmental disabilities
- ◇ contact: Doug Breese, program manager

**Work Equation (V/TTY)** ..... 360-692-2061  
Toll Free ..... 1-866-475-2061  
PO Box 211, Silverdale, WA 98383

- ◇ short-term individual supported employment

**WorkSource** ..... 360-337-4810  
TTY ..... 360-792-2179  
1300 Sylvan Way, Bremerton, WA 98312  
Web: [www.kitsapgov.com](http://www.kitsapgov.com)

- ◇ job listings, career exploration and resume software, job skills workshops, career counseling

## **GOVERNMENTAL SUPPORTS**

**Department of Social and Health Services (DSHS),**  
**Community Services Office** ..... 1-800-338-7410  
4710 Auto Center Blvd, Bremerton, WA 98312

- ◇ food stamps, financial and medical assistance..... 360-473-2200
- ◇ licensed adult family homes, referrals..... 360-473-2299

**DSHS, Adult Protective Services..... 1-888-833-4925**  
 Fax ..... 360-478-6467

- ◇ investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Aging and Disability Services**

**Administration..... 360-725-2300**  
**Toll Free..... 1-800-422-3263**  
 PO Box 45600, Olympia, WA 98504  
 Web: [www.adsa.dshs.wa.gov](http://www.adsa.dshs.wa.gov)

**DSHS, Division of Children and Family Services,  
 Child Protective Services ..... 360-475-3688**  
**Toll Free..... 1-800-423-6246**

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18.

**DSHS, Division of Developmental**

**Disabilities (DDD)..... 360-475-3490**  
**Toll Free..... 1-800-735-6740**  
 3423 6th St., Bremerton, WA 98312  
 Web: [www1.dshs.wa.gov/ddd](http://www1.dshs.wa.gov/ddd)

- ◇ intake, information and referral, case/resource management, residential, community and employment supports, eligibility assessments for personal care services

**DSHS, Division of Vocational  
 Rehabilitation (DVR)**

- ◇ Silverdale..... 360-698-4360  
 3888 NW Randall Way, Ste 101, Silverdale WA 98382
- ◇ Port Orchard..... 360-874-7240  
 2465 Bethel Rd SE, Ste 201, Port Orchard, WA 98366  
 Web: [www1.dshs.wa.gov/dvr](http://www1.dshs.wa.gov/dvr)

- ◇ post high school assessment, education, placement, training, eligibility for services, referrals, case management, employment training and assistance

**National Down Syndrome Society..... 1-800-221-4602**  
 Fax ..... 212-979-2873  
 E-Mail: [info@ndss.org](mailto:info@ndss.org)  
 Web: [www.ndss.org](http://www.ndss.org)

**National Easter Seal Society, Inc..... 1-800-221-6827**  
 Web: [www.easterseals.com](http://www.easterseals.com)

**National Institute of Health..... 301-496-4000**  
 Web: [www.nih.gov](http://www.nih.gov)

**National Institute of Neurological  
 Disorders and Stroke ..... 1-800-352-9424**  
 Web: [www.ninds.nih.gov](http://www.ninds.nih.gov)  
 NIH Neurological Institute, PO Box 5801, Bethesda MD 20824  
 ◇ call for publications

**National Multiple Sclerosis Society..... 1-800-344-4867**  
 192 Nickerson Suite 100, Seattle WA 98109  
 National Web: [www.nationalmssociety.org](http://www.nationalmssociety.org)  
 Local Web: [www.nationalmssociety.org/was](http://www.nationalmssociety.org/was)

**National Organization for Albinism..... 1-800-473-2310**  
 Web: [www.albinism.org](http://www.albinism.org)

**National Organization for  
 Rare Disorders, Inc ..... 1-800-999-6673**  
 Web: [www.rarediseases.org](http://www.rarediseases.org)

**National Organization  
 on Fetal Alcohol Syndrome..... 1-800-666-6327**  
 Web: [www.nofas.org](http://www.nofas.org)

**National Rehabilitation Information  
 Center ..... 1-800-346-2742**  
**TTY ..... 301-459-5984**  
 Web: [www.naric.com](http://www.naric.com)

**National Reyes Syndrome  
 Foundation..... 1-800-233-7393**  
 E-Mail: [nrsf@reyessyndrome.org](mailto:nrsf@reyessyndrome.org)  
 Web: [www.reyessyndrome.org](http://www.reyessyndrome.org)

**National Spinal Cord Injury Association**  
 National Office..... 1-800-962-9629  
 Web: [www.spinalcord.org](http://www.spinalcord.org)

**National Tuberos**

Web: [www.jan.wvu.edu](http://www.jan.wvu.edu)

- ◇ information on adaptive devices, accommodations, ADA for the workplace

**Journey: A Grief Support Program** ..... 206-987-2062  
Social Work Department, Children's Hospital and Medical Center

**Learning Disabilities Association (LDA) of WA**  
Information and Referral.....1-800-536-2343  
Business line .....425-882-0820  
Web: [www.ldawa.org](http://www.ldawa.org)

**Lifetime Advocacy Plus**.....206-367-8055  
Web: [www.laplus.org](http://www.laplus.org)

- ◇ provides guardianship and trust management

**Lyme Foundation**  
Info Hotline..... 1-800-886-5963  
Web: [www.lyme.org](http://www.lyme.org)

**March of Dimes Birth Defects Foundation**..... 1-206-624-1373  
1904 3rd, Suite 230, Seattle WA 98101  
Web: [www.marchofdimes.com/washington](http://www.marchofdimes.com/washington)

**National Aids Information Clearing House**  
Toll Free ..... 1-800-458-5231  
TTY ..... 1-800-243-7012  
Web: [www.cdc.gov](http://www.cdc.gov)

- ◇ to order printed materials, 1-800-458-5231

**National Alliance of Blind Students** .....1-800-424-8666  
Web: [www.acb.org](http://www.acb.org)

**National Association for Parents of Children with Visual Impairments** .....1-800-562-6265  
Web: [www.napvi.org](http://www.napvi.org)

**National Center for Stuttering**.....1-800-221-2483  
Web site: [www.stuttering.com](http://www.stuttering.com)

**National Down Syndrome Congress** .....1-800-232-6372  
Fax ..... 770-604-9898  
E-Mail: [info@ndscenter.org](mailto:info@ndscenter.org)  
Web: [www.ndscenter.org](http://www.ndscenter.org)

**DSHS, Medical Assistance Administration (MAA)** ..... 1-800-562-3022  
PO Box 45505, Olympia, WA 98504  
Web: <http://maa.dshs.wa.gov>

**DSHS, Working Connections Childcare**.....360-473-2200  
4710 Auto Center Blvd., Bremerton, WA 98312

- ◇ childcare subsidy for working parents
- ◇ contact agency for eligibility and program requirements

**Frances Haddon Morgan Center**.....360-475-3480  
3423 6th St., Bremerton WA 98312

- ◇ small state residential/rehabilitation facility supporting persons with autism

**Kitsap County Developmental Disabilities**.....360-337-4624  
614 Division St . MS-23, Port Orchard WA 98366  
E-Mail: [koneal@co.kitsap.wa.us](mailto:koneal@co.kitsap.wa.us)  
Web: [www.kitsapgov.com](http://www.kitsapgov.com)

- ◇ funding for day and employment programs; responsible for community plan; advocacy; coordination of services
- ◇ contact: Kelly Oneal, DD Coordinator

**Social Security Administration** ..... 1-800-772-1213  
9594 Mickleberry Rd. NW, Silverdale, WA 98383  
Web: [www.socialsecurity.gov](http://www.socialsecurity.gov)

- ◇ financial assistance; Social Security Income (SSI) disability and Social Security Disability Insurance (SSDI)

**Washington State Information** ..... 1-800-321-2808  
Web: <http://access.wa.gov>

- ◇ provides number for any state agency in Washington State

## GUARDIANSHIP SERVICES

**Arc of Kitsap/Jefferson County** .....360-377-3473  
3243 N. Perry Ave., Bremerton WA 98310

**Hoehnen Foundation** .....360-271-6169  
◇ non-profit corporation providing guardianship services for people with disabilities  
◇ contact: Sue Pritchard

**Lifetime Advocacy Plus** .....206-367-8055  
 Fax .....206-367-8353  
 444 NE Ravena Blvd., Suite 208, Seattle WA 98115  
 Web: www.laplus.org  
 ◇ provides guardianship and trust management

**HOUSING/LIVING ASSISTANCE**

**Bremerton Housing Authority** .....360-479-3694  
 110 Russell Rd., Bremerton WA 98312  
 Web: www.bremertonhousing.org  
 ◇ applications for public housing, housing for people with disabilities, home ownership programs

**Catholic Social Services Benedict House,  
 Single Men’s Shelter** .....360-405-9486  
 Toll Free ..... 1-866-246-3642  
 ◇ contact for eligibility requirements and available program services

**City of Bremerton** .....360-473-5275  
 Web: www.ci.bremerton.wa.us  
 ◇ down payment assistance program for first time, income eligible home buyers; home rehabilitation program  
 ◇ contact program for eligibility requirements

**Communitas** .....360-377-7231  
 920 Park Ave., Bremerton WA 98337  
 ◇ group homes, apartment programs, tenant support; recreational support, serves adults over 18 years of age

**Habitat for Humanity of Kitsap County** ....360-479-3853  
 811 Veneta, PO Box 5347, Bremerton WA 98312-0516  
 Web: www.kitsaphabitat.org

**Housing Resources Board (HRB)**.....206-842-1909  
 PO Box 11391, Bainbridge Island, WA 98110  
 Web:www.biccfy.org  
 ◇ non-profit agency that provides transitional housing, emergency rental assistance and low income/subsidized housing to income eligible individuals and families on Bainbridge Island  
 ◇ independent living program that provides health and safety related home modifications to income qualified individuals

Web: www.devereux.org

**Disability Rights Washington**..... 1-800-562-2702  
 TTY ..... 1-800-905-0209  
 315 5th Ave. S., Suite 850, Seattle, WA 98104  
 Web: www.disabilityrightswa.org

◇ advocacy, legal information

**Easter Seals Washington** ..... 1-800-678-5708  
 Web: www.wa.easterseals.com

**Epilepsy Foundation Northwest** .....206-547-4551  
 Toll Free ..... 1-800-752-3509  
 2311 N 45th St, #134, Seattle, WA 98103-6905  
 Web: www.epilepsyfoundation.org

**Genetic Counseling**

- ◇ Children's Hospital & Medical Centers, Seattle.....206-987-2000 (ask for genetic counseling dept.) Web: seattlechildrens.org
- ◇ University Hospital, Seattle, 206-598-3300 (ask for genetic counseling dept.) Web: www.uwmedicine.org
- ◇ Mary Bridge Children's Hospital, Tacoma, 253-403-3476 (ask for genetic counseling dept.), Web: www.multicare.org

**Governor’s Committee on Disability Issues  
 and Employment** .....360-438-3168  
 PO Box 9046, Olympia, WA 98507-9046

**HIV and AIDS Hotline**..... 1-800-458-5231  
 PO Box 6003, Rockville, MD 20849  
 Web: www.cdcnpin.org

TTY ..... 1-800-243-7012

**Human Growth Foundation**.....1-800-451-6434  
 Web: www.hgfound.org

**Hydrocephalus Association** .....888-598-3789  
 Web:www.hydroassoc.org

**International Association  
 Of Assistance Dog Partners** .....586-826-3938  
 Web: www.iaadp.org

**International Rett Syndrome Foundation**  
 Information and Resources ..... 1-800-818-7388  
 Web: www.rettsyndrome.org

**Job Accommodation Network**.....1-800-526-7234

**Batten's Disease Support Research Association**  
 Toll Free ..... 1-800-448-4570  
 Web: www.bdsra.org

**Boys Town,  
 National Research Hospital** ..... 402-498-6511  
 TTY ..... 402-498-6543  
 Web: www.boystownhospital.org  
 Web: www.babyhearing.org

**Brain Injury Association**  
 Family Helpline ..... 1-800-444-6443  
 Web: www.biausa.org

**Brain Injury Association  
 of Washington** ..... 1-877-842-1766  
 Web: www.biawa.org  
 3516 S. 47th St., Suite 100, Tacoma WA 98409

**Children's Tumor Foundation,  
 (von Recklinghausen's Disease)** 1-800-323-7938  
 Web: www.ctf.org

**Cleft Palate Foundation** ..... 1-800-242-5338  
 Web: www.cleftline.org

**Cochlear Implant Information -  
 Nucleus Hotline** ..... 1-800-523-5798  
 Web: www.cochlear.com

**Cornelia de Lange Syndrome  
 Foundation** ..... 1-800-223-8355  
 Web: www.cdlsusa.org

**Cystic Fibrosis Foundation** ..... 1-800-344-4823  
 E-Mail: info@cff.org  
 Web: www.cff.org

**Described Caption and  
 Media Program** ..... 1-800-237-6213  
 TTY ..... 1-800-237-6819  
 Web: www.dcmp.org

**Devereux Foundation** ..... 1-800-345-1292

**Kitsap Community Resources** ..... 360-377-0053  
 1201 Park Ave., Bremerton WA 98337  
 Web: www.kcr.org

- ◇ housing assistance, transition housing, weatherization
- ◇ energy assistance, 479-1507

**Kitsap County Consolidated  
 Housing Authority** ..... 360-535-6100  
 9307 Bayshore Dr. NW, Silverdale WA 98383  
 Web: www.kccha.com

- ◇ applications for public housing; housing for people with disabilities, home ownership programs

**Kitsap Residences,  
 Port Orchard** ..... 360-876-1470  
 2505 Mile Hill Drive, Suite B-21, Port Orchard, WA 98366

- ◇ apartment programs, tenant support, community integration, recreational support for persons with developmental disabilities.

**Kitsap Tenant Support Services  
 (KTSS)** ..... 360-373-4173  
 3331 Kitsap Way, Suites A & C, Bremerton WA 98312

- ◇ assisted living alternatives, supported living assistance and recreational support for persons with developmental disabilities.

**Max Hale Center** ..... 360-792-2117  
 285 5th Street, Bremerton WA 98337

- ◇ non-emergency, permanent housing for homeless and income-eligible persons

**Rebuilding Together** ..... 360-3088783  
 5251 Auto Center Way  
 Web: www.rebuildingtogetherkitsap.org

- ◇ home repair program for low income home owners

**St. Vincent De Paul** ..... 360-479-7017

- ◇ women's shelter, contact for eligibility requirements

**Ujima** ..... 360-479-4402  
 4001 Chico Way NW, Bremerton, WA 98312  
 Web: www.ujimachildren.com

- ◇ residential and respite services for children ages 5-17 with developmental disabilities, behavior and/or emotional challenges

## Washington Telephone Assistance Program

- ◇ discounts on monthly services and connection fees
- ◇ contact your residential phone service provider for eligibility requirements

## INFORMATION AND REFERRAL

**Crisis Clinic of the Peninsulas**.....360-479-3033

Toll Free..... 1-800-843-4793

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

### **Kitsap County,**

**Domestic Violence Task Force** ..... 360-373-5392

PO Box 48, Bremerton, WA 98337

Web: [www.kcdvtf.org](http://www.kcdvtf.org)

- ◇ education, information, and training on DV issues
- ◇ lending library, resource referrals

**Kitsap County Parent Coalition** ..... 360-769-2220

Toll Free..... 1-800-347-7387

4619 Basswood Ct. SE, Port Orchard, WA 98366

E-mail: [parentcoalition@KITSAP-WA.org](mailto:parentcoalition@KITSAP-WA.org)

Web: [www.kitsap-wa.org](http://www.kitsap-wa.org)

- ◇ information and referral, monthly newsletter

**Kitsap Regional Library**.....360-405-9100

1301 Sylvan Way, Bremerton WA 98310

Web: [www.krl.org](http://www.krl.org)

- ◇ local and national resource database

### **Learning Disabilities Association**

**of Washington** ..... 1-800-536-2343

Web: [www.ldawa.org](http://www.ldawa.org)

- ◇ referrals to individual physicians (no recommendations or endorsements), information

### **Lutheran Community Services**

**Northwest/Parent Line**..... 1-800-300-1247

Web: [www.lcsnw.org/parentline](http://www.lcsnw.org/parentline)

- ◇ Child care resource and referral services

- ◇ assists low-income elderly and disabled in their homes
- ◇ provides services such as house cleaning, transportation, yard care, home repair, etc.
- ◇ contact: Donna Jones, ext. 26

### **Volunteers of America, Western Washington**

**Mentoring Children of Promise**.....425-259-3191

Web: [www.voaww.org](http://www.voaww.org)

- ◇ mentoring program that matches volunteers with children between 5-15, child must have a parent who is incarcerated or under DOC supervision

## WASHINGTON STATE/NATIONAL ADVOCACY/DISABILITY SUPPORT

### **Alexander Graham Bell Association**

**For the Deaf and Hard of Hearing** ..202-337-5220

TTY .....202-337-5221

Web: [www.agbell.org](http://www.agbell.org)

### **American Association on Intellectual and**

**Developmental Disabilities**..... 1-800-424-3688

Web:[www.aamr.org](http://www.aamr.org)

### **American Council of the Blind**

National Office.....1-800-424-8666

Web: [www.acb.org](http://www.acb.org)

### **American Speech-Language-Hearing Association**

**Action Center**..... 1-800-638-8255

Web:[www.asha.org](http://www.asha.org)

**Arc of the United States** ..... 1-800-433-5255

Web:[www.thearc.org](http://www.thearc.org)

**Arc of Washington State** .....360-357-5596

Toll Free ..... 1-888-754-8798

2638 State Ave NE, Olympia, WA 98506

Web:[www.arcwa.org](http://www.arcwa.org)

**Autism Society of America**..... 1-800-328-8476

Web: [www.autism-society.org](http://www.autism-society.org)

**Autism Society of Washington**.....1-888-279-4968

Web: [www.autismsocietyofwa.org](http://www.autismsocietyofwa.org)

**Kitsap Transit** .....360-373-2877  
Toll Free ..... 1-800-501-7433  
Web: [www.kitsaptransit.org](http://www.kitsaptransit.org)  
60 Washington Ave, Suite 200, Bremerton, WA 98337

**Kitsap Transit Access**

Reservations .....360-479-7272  
Toll Free ..... 1-800-422-2877  
TDD.....360-377-9874  
Web: [www.kitsaptransit.org](http://www.kitsaptransit.org)  
60 Washington Ave, Suite 200, Bremerton, WA 98337  
◇ door-to-door bus service for individuals with disabilities, at discount rates; monthly bus passes  
◇ Passenger Advisory Committee (PACT), (same phone numbers)

**Paratransit Services** .....360-377-7007  
Toll Free ..... 1-800-756-5438  
TDD (toll-free) ..... 1-800-934-5438  
4810 Auto Center Way, Suite Z, Bremerton WA 98312  
Web:[www.paratransit.net](http://www.paratransit.net)  
◇ door-to-door wheelchair and special needs transportation  
◇ Medicaid, private pay

**VOLUNTEERS**

**Directors of Volunteers  
in Agencies (DOVIA)** .....360-377-3761  
811 Pacific Avenue, Bremerton WA 98337  
◇ contact: Kelly Finch, ext. 10207

**Lutheran Community Services NW** .....360-377-5511  
Toll Free ..... 1-800-378-5771  
830 Pacific Ave., Suite 101, Bremerton WA 98337  
Web:[www.lcsnw.org](http://www.lcsnw.org)

- ◇ RSVP—senior volunteers, 55 and over
- ◇ senior outreach services/adult day care

**Volunteer Action Center, United Way**.....360-377-8505  
647 4th St., Bremerton WA 98337  
Web:[www.unitedwaykitsap.org](http://www.unitedwaykitsap.org)

**Volunteer Chore Service**.....360-405-0072  
Toll Free ..... 1-866-246-3642  
2525 6th St, Suite D, Bremerton WA 98337

**Senior Information and Assistance** .....360-337-5700  
1026 Sidney, Port Orchard, WA 98366  
◇ information and referral for senior programs and services

**United Way InfoLink (land line)**.....211  
From a cell phone ..... 1-800-627-0335  
Web: [www.unitedwayinfo.org](http://www.unitedwayinfo.org)  
◇ information and referral assistance

**Washington PAVE (V/TDD)**.....253-565-2266  
Web: [www.washingtonpave.org](http://www.washingtonpave.org)  
6316 S 12th St., Tacoma WA 98465  
◇ comprehensive listing of state and national phone numbers for many disabilities and disability issues

**LEARNING DISABILITIES**

**Front Street Clinic**.....360-697-1141  
20174 Front St., PO Box 1611, Poulsbo WA 98370  
◇ testing

**Hope Clinic** .....360-698-2390  
9633 Levin Rd NE, Suite 201, Silverdale WA 98383  
Web: [www.hopecliniconline.com](http://www.hopecliniconline.com)  
◇ free testing for learning disabilities

**Learning Disabilities Online**

Web: [www.ldonline.org](http://www.ldonline.org)  
◇ web-based information and resource site related to learning disabilities

**LEGAL**

**Dispute Resolution Center of  
of Kitsap County**.....360-698-0968  
9004 Washington Ave., Silverdale, WA 98383  
Web: [www.kitsapdrc.org](http://www.kitsapdrc.org)

- ◇ mediation and conciliation, and problem-solving services

**Kitsap Legal Services**.....360-479-6125  
920 Park Avenue, Bremerton 98337  
Web:[www.kitsaplegalservices.org](http://www.kitsaplegalservices.org)

- ◇ legal referral, works in conjunction with the NW Justice Project

**Landlord/Tenant Dispute Hotline.....360-479-1683**

645 4th St., Bremerton, WA 98337

- ◇ information on legal rights and responsibilities for tenants and landlords

**NW Justice Project, CLEAR Hotline ..... 1-888-201-1014**

TTY ..... 1-888-201-9737

Web: www.nwjustice.org

- ◇ legal referral, information
- ◇ representatives available, M-F, 9:30-12:15, T, 3:30– 6:15

**U.S. Dept. of Housing and Urban Development,  
Fair Housing Enforcement ..... 1-800-877-0246**

TTY .....206-220-5185

909 First Ave., Suite 205, Seattle, WA 98104-1000

Web: www.hud.gov/fairhousing

- ◇ handles complaints related to housing discrimination

**U.S. Dept. of Justice,  
Equal Employment Opportunity Commission,  
(EEOC) ..... 1-800-669-4000**

TTY ..... 1-800-669-6820

Web: www.eeoc.gov

- ◇ interprets and enforces employment regulations of the ADA

**Washington Protection and  
Advocacy System, Seattle ..... 1-800-562-2702**

TTY ..... 1-800-905-0209

Web: www.wpas-rights.org

- ◇ legal, information

**Washington Lawhelp  
Web:www.washingtonlawhelp.org**

- ◇ Web-based legal information site

**Washington State Developmental Disabilities  
Endowment Trust Fund..... 1-888-754-8798**

Web: www.arcwa.org

- ◇ special needs trust accounts for individuals with developmental disabilities
- ◇ state matching funds available

**YWCA, Bremerton/Port Orchard.....360-479-0491**  
PO Box 559, Bremerton WA 98337

- ◇ legal advocacy

**Community Services for the  
Blind and Partially Sighted ..... 1-800-458-4888**

9709 Third Avenue NE #100, Seattle, WA 98115-2027

Web: www.csbps.com

**Enabling Devices ..... 1-800-832-8697**

Web: www.enablingdevices.com

**Harris Communication..... 1-800-825-6758**

TTY ..... 1-800-825-9187

Web: www.harriscomm.com

- ◇ products for deaf and hard of hearing

**Hearing, Speech and Deafness Center (HSDC)**

(voice).....206-323-5770

(TTY) .....206-388-1275

1625 19th Ave., Seattle, WA 98122

Web: www.hsdc.org

- ◇ communication devices for Deaf and hard of hearing
- ◇ ALDs for conferences or meeting

**Washington Assistive  
Technology Act Program..... 1-800-214-8731**

(TTY) ..... 1-866-866-0162

E-mail:uwat@u.washington.edu

Web: http://watap.org

- ◇ research, education, and advocacy related to assistive technology and accessible information systems

**TRANSPORTATION**

**Angel Flight West..... 1-888-426-2643**

Web: www.angelflightwest.org

- ◇ plane ride to and from medical visits for people in need

**Around the Sound  
Transportation Specialists .....253-858-7088**

Toll Free ..... 1-888-600-8043

E-mail: dispatch@around-the-sound.net

- ◇ door to door service, wheelchair accessible vehicles
- ◇ Medicaid, private pay, group trips and excursion services available
- ◇ serves Kitsap, Jefferson, Clallam, King, Pierce and Mason counties

- Multiple Sclerosis Support Group** .....360-479-1324  
 ◇ meets third Wednesday of month, noon to 2 p.m.  
 ◇ leader: Sharon Barley
- The Parenting Place**.....360-876-9430  
 1201 Park Ave., Bremerton, WA 98337  
 Web: www.kcr.org  
 ◇ parenting classes
- West Sound Treatment Center**.....360-876-9430  
 1415 Lumsdem Road, Port Orchard WA 98366  
 ◇ out-patient substance abuse program
- YWCA, Bremerton/Port Orchard**.....360-479-5118  
**ALIVE, 24 Hr. Hotline**.....360-479-1980  
 Toll Free ..... 1-800-500-5513  
 Bainbridge Island/North Kitsap .....206-780-2931  
 P.O. Box 559, Bremerton, WA 98337  
 ◇ ALIVE shelter for women and children who are victims of domestic violence  
 ◇ legal advocacy, support groups, youth services

## TECHNOLOGY/LITERATURE

- AbleNet, Inc** ..... 1-800-322-0956  
 Web: www.ablenetinc.com  
 E-mail: accessibility@apple.com
- Apple Computer, Inc** ..... 1-800-767-2775  
 Web:www.apple.com
- Brookes Publishing** ..... 1-800-638-3775  
 Web: www.brookespublishing.com  
 ◇ resource for texts, videos, guidebooks, curricula and tools based on research in disabilities, child development and education
- Can-do** ..... 1-800-537-2118  
 Web: www.independentliving.com  
 ◇ Products for individuals with visual impairments or blind
- Center for Applied  
 Special Technology**.....781-245-2212  
 TTY .....781-245-9320  
 Web: www.cast.org

- ◇ family advocacy, 360-479-0522

## MEDICAL/DENTAL

- Basic Health Plan** ..... 1-800-660-9840  
 Web: www.basichealth.hca.wa.gov  
 ◇ Washington State low-cost insuranceHealthy Kids Now  
 1-877-543-7669  
 Web: www.dshs.wa.gov  
 ◇ free or low cost health insurance for children under 19
- HealthCare for Workers  
 with Disabilities (HWD)** ..... 1-800-337-1835  
 Web: www.dshs.wa.gov  
 ◇ medical state program that allows workers with disabilities to purchase Medicaid coverage
- Kitsap County  
 Health District**.....360-337-5235  
 345 6th St., Suite 300, Bremerton, WA 98337  
 Web: www.kitsapcountyhealth.com  
 ◇ immunization, public health nurse, children with special health care needs
- Kitsap County Medical Society** .....360-692-4881  
 ◇ county-wide referral line to Kitsap County physicians, grievance committee, mediation services
- ABC/Omni Dental**.....360-373-3487  
 4207 Wheaton Way, Suite C, Bremerton, WA 98310  
 ◇ accepts Medicaid coupons
- Peninsula Community Health Centers** .....360-377-3776  
 616 6th Street, Bremerton WA 98337  
 320 S Kitsap Blvd., Port Orchard WA 98366, 360-876-7215  
 19045 Hwy 305, Plaza 305,#180, Poulsbo WA 98370, 360-779-1963  
 Web: www.pchswb.org  
 ◇ medical/assistance, dental services for children under 19 (at the Bremerton clinic only), sliding fee schedule
- Sexual Assault Nurse Examiner (S.A.N.E.)**  
 24 Hr. On-Call Service.....360-792-6710  
 Toll Free ..... 1-800-281-4024  
 Harrison Hospital, 2520 Cherry, Bremerton, WA 98310  
 ◇ medical services, assistance and exams to victims of sexual assault

- ◇ information, support and referral

Web: [www.wsdsonline.org](http://www.wsdsonline.org)

**University of Washington,  
DECODE Clinic** .....206-543-4619  
1959 NE Pacific St, Room B-239, Seattle, WA 98105  
Web: [www.dental.washington.edu/disability](http://www.dental.washington.edu/disability)

- ◇ dental treatment, prevention and rehabilitation

**Vision USA** ..... 1-800-766-4466  
Web:[www.aoa.org](http://www.aoa.org)

- ◇ free eye exam to qualified applicants

## MENTAL HEALTH SERVICES/SUPPORTS

**Bridges Mental Health Ombuds Service** ..360-692-1582  
Toll Free ..... 1-888-377-8174  
9004 Washington Ave NW, Silverdale, WA 98383  
E-mail: [ombuds@kitsapdrc.org](mailto:ombuds@kitsapdrc.org)  
Web: [www.kitsapdrc.org](http://www.kitsapdrc.org)

- ◇ advocacy for persons who are receiving or eligible to receive publicly funded mental health services

**Bridges to Parent Voice** .....360-692-1582  
Toll Free ..... 1-888-377-8174  
P.O. Box 3995, Silverdale, WA 98383  
E-mail: [parentvoice@kitsapdrc.org](mailto:parentvoice@kitsapdrc.org)

- ◇ support groups for parents of children with challenging behaviors/ mental health issues, workshops, resource information

**Courage to Heal Counseling Services** .....360-779-4880  
18732 Ness PI NE, Poulsbo, WA 98370

- ◇ serves children and adults, sliding fee scale

**Crisis Clinic of the Peninsulas** .....360-479-3033  
Toll Free ..... 1-800-843-4793  
Web: [www.crisisclinicofthepeninsulas.org](http://www.crisisclinicofthepeninsulas.org)

- ◇ comprehensive community resource information
- ◇ listening ear, crisis intervention

**Lou-Ann Lauborough, LICSW**.....360-876-5483  
1521 SE Piperberry Way, Suite 101, Port Orchard, WA 98366

- ◇ Counseling and consultation services for individuals with developmental disabilities

## SUPPORTS (General Community)

**Agape Unlimited**.....360-373-1529  
5464 Kitsap Way, Bremerton WA 98312

- ◇ state-certified chemical dependency out-patient treatment facility
- ◇ on-site child care
- ◇ transitional housing
- ◇ everything from intensive out-patient counseling to after care

**Caregiver Support Center and  
Caregiver Respite**.....360-337-5700  
Toll Free ..... 1-800-562-6418  
9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

**Cascade Recovery Center** .....360-698-7267  
9095 McConnel Rd., Silverdale, WA 98383

- ◇ substance abuse outpatient programs, aftercare services

**Kitsap Recovery Center**.....360-337-4625  
1975 NE Fuson Road, Bremerton, WA 98311

- ◇ substance abuse in-patient services
- ◇ outpatient services, detox

**Literacy Council of Kitsap County**.....360-373-1539  
616 5th St., Bremerton WA 98337  
E-Mail: [literacy@krl.org](mailto:literacy@krl.org)  
Web: [www.kitsapliteracy.org](http://www.kitsapliteracy.org)

- ◇ individual tutoring in reading skills
- ◇ computer labs, year round GED preparation classes, ESL

**Lutheran Community Services NW** .....360-377-5511  
Toll Free ..... 1-800-378-5771  
645 4th St., Suite 202, Bremerton WA 98337

Web:[www.lcsnw.org](http://www.lcsnw.org)

- ◇ respite services for caregivers, home care

**Paratransit Services** .....360-377-7007  
Toll Free ..... 1-800-756-5438  
Web: www.paratransit.net  
4810 Auto Center Way, Suite Z, Bremerton WA 98312

**Port Gamble S'Kallam Tribe**, front desk ....360-297-2646  
Health Clinic.....360-297-2840  
Web: www.pgst.nsn.us  
31912 Little Boston road NE, Kingston WA 98346  
◇ early childhood programs, early headstart infant/toddler services  
◇ headstart pre-school, extended day child care  
◇ contact: Kay Jones, program manager, 360-297-6260

**Specialized Training for Military**  
**Parents, PAVE/STOMP (V/TDD)**.....253-565-2266  
Toll Free ..... 1-800-572-7368  
Web: www.washingtonpave.org

**Shriner's Hospital for Children**,  
Web: www.shrinershq.org  
National Information ..... 1-800-237-5055  
Portland.....503-241-5090  
Spokane.....509-455-7844

**Special Olympics** ..... 1-800-752-7559  
Web: www.sowa.org  
2150 N. 107th St., Suite 220, Seattle, WA 98133  
◇ In Kitsap County contact: Barbara Pool, 360-692-4329 or  
b\_pool@hotmail.com

**Washington Elks Therapy** .....253-472-6223  
E-Mail: george@waelks.net  
Web: www.waelks.org  
◇ contact: George Pritchard

**Washington PAVE**.....253-565-2266  
Toll Free ..... 1-800-572-7368  
Web: www.washingtonpave.org  
◇ Facilitates a variety of programs for children with special needs  
and their families.

**Washington Sensory Disability Services**  
Toll Free (V/TTY) ..... 1-800-572-7000  
C/o Puget Sound ESD, 800 Oaksdale Ave. SW, Renton, WA 98055  
E-Mail: wsds@psesd.org

**Kitsap Mental Health**  
5455 Almira Dr. NE, Bremerton, WA 98312  
Web: www.kitsapmentalhelath.org  
Intake/Access ..... 360-405-4010  
Children and Family Services ..... 360-479-4994  
Adult Services.....360-373-7049  
Emergency Crisis Services..... 360-373-3425  
◇ comprehensive mental health services

**Kitsap Sexual Assault Center**..... 360-479-1788  
**Crisis/Support 24 hr. Hotline** ..... 360-479-8500  
P.O. Box 1936, Port Orchard, WA 98366  
◇ information, crisis intervention, counseling, support groups, legal  
and medical advocacy

**NAMI, Kitsap County** ..... 360-377-2910  
Affiliate of National Alliance for the Mentally Ill  
◇ advocacy, education, information and referral  
◇ support groups, call for meeting times and location

**Peninsula Regional Support Network**..... 360-337-4886  
Toll Free ..... 1-800-525-5637  
614 Division St., MS-23, Port Orchard, WA 98366  
◇ plans and administers state funded programs for children and  
adults with persistent and severe mental illness in Kitsap,  
Jefferson and Clallam counties, direct services provided by  
contracted vendors.  
◇ contact: Anders Edgerton,

**YWCA, Bremerton/Port Orchard** ..... 360-479-5118  
**ALIVE, 24 Hr. Hotline** ..... 360-479-1980  
Toll Free ..... 1-800-500-5513  
Bainbridge Island/North Kitsap ..... 206-780-2931  
P.O. Box 559, Bremerton, WA 98337  
◇ ALIVE shelter for women and children who are victims of  
domestic violence, legal advocacy, support grps., youth svcs.

## **MILITARY SUPPORTS**

**Disabled American Veterans**  
**Chapter No. 5** ..... 360-373-2397  
2315 Burwell Street, Bremerton WA 98312

◇ resources, information, newsletter

**Kitsap County Parent Coalition** .....360-769-2220  
Toll Free ..... 1-800-347-7387

◇ information and referral for military programs and services

**Madigan Army Medical Center** .....253-968-1110  
Bldg 9040 Fitzsimmons Dr. , Tacoma, WA 98431  
Web; [www.mamc.amedd.army.mil](http://www.mamc.amedd.army.mil)

**Naval Hospital** .....360-475-4000  
Toll Free ..... 1-800-422-1383  
Exceptional Family Member Program.360-475-4000  
Social Work Department .....360-475-4483

**Navy Relief Society**  
Bangor.....360-396-6704  
PSNS .....360-377-0602

◇ family assistance, interest free loans or grants for emergency needs to active duty and retired navy/marine corps families/dependents

**Navy Sexual Assault Victim Intervention (SAVI)** .....360-315-3075  
E-mail: [sharlyne.hays@navy.mil](mailto:sharlyne.hays@navy.mil)

◇ advocacy, information, referral and counseling for victims of sexual assault  
◇ assistance with obtaining civilian and military protective orders

**Specialized Training for Military Parents, PAVE/STOMP(V/TDD)**.....253-565-2266  
E-mail: [stomp@washingtonpave.org](mailto:stomp@washingtonpave.org)  
Toll Free ..... 1-800-572-7368

**Tri-Care** ..... 1-800-748-7347  
Web: [www.tricare.osd.mil](http://www.tricare.osd.mil)

◇ program for individuals with disabilities

**Victim Support Specialist for Domestic Violence** .....360-315-3074

◇ legal advocacy, crisis intervention, safety planning and intervention  
◇ assistance in obtaining civilian and military protection orders  
◇ contact: Susan Dewees

**Easter Seals Washington** ..... 1-800-678-5708  
TDD .....206-281-5700  
Web: [www.wa.easterseals.com](http://www.wa.easterseals.com)

**Healthy Kids Now**..... 1-800-562-3022  
Web: [www.dshs.wa.gov](http://www.dshs.wa.gov)

◇ free or low cost health insurance for children under 19

**Holly Ridge Center Infant Toddler Program**.....360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd., Bremerton WA 98312  
E-Mail: [itp@hollyridge.org](mailto:itp@hollyridge.org)

◇ Birth to three neurodevelopment clinic and pre-school serving children and families with special needs  
◇ contact: Kathy Fortner, Director

**Kitsap Community Resources Head Start/ECEAP** .....360-473-2075  
1201 Park Ave., Bremerton WA 98337

◇ countywide full day headstart and daycare  
◇ wrap-around program option

**Kitsap County Family Resource Coordination** .....360-373-2536  
Toll Free ..... 1-800-449-1660  
5112 NW Taylor Rd. , Bremerton, WA 98312  
E-mail: [frc@telebyte.com](mailto:frc@telebyte.com)

◇ free developmental screening and referral for infants and toddlers under age three

**Kitsap County Health District** .....360-337-5235  
Web: [www.kitsapcountyhealth.com](http://www.kitsapcountyhealth.com)

◇ ask for Clinic Services

**Lutheran Community Services Northwest/Parent Line** ..... 1-800-300-1247  
Web: [www.lcsnw.org/parentline](http://www.lcsnw.org/parentline)

◇ Child care resource and referral services

**Olympic ESD 114 Head Start/ECEAP** .....360-478-6887  
Fax .....360-478-6869  
105 National Ave. N, Bremerton WA 98312  
Web: [www.oesd.wednet.edu](http://www.oesd.wednet.edu)

19540 Front Street, Poulsbo, WA 98370

Web: [www.cityofpoulsbo.com/parks](http://www.cityofpoulsbo.com/parks)

- ◇ Classes and recreational activities

**Special Olympics** ..... 1-800-752-7559

Web: [www.sowa.org](http://www.sowa.org)

- ◇ ongoing participation in sporting events

**YMCA, Bremerton** ..... 360-377-3741

60 Magnuson Way, Bremerton, WA 98310

Web: [www.ymca.net](http://www.ymca.net)

- ◇ variety of recreation and sports activities, membership assistance available

## **SERVICES FOR CHILDREN WITH SPECIAL NEEDS**

**Arc of Kitsap/Jefferson County** ..... 360-377-3473

3243 N Perry Ave., Bremerton WA 98310

Web: [www.arckj.org](http://www.arckj.org)

**Answers for Special Kids Line (ASK)...** 1-800-322-2588

- ◇ assists families with children who have special needs locate local and state resources

**Bainbridge Island Park**

**and Recreation District** ..... 206-842-2306

Web: [www.biparks.org](http://www.biparks.org)

- ◇ classes, recreational activities

**Bremerton Parks and Recreation** ..... 360-473-5305

Web: [www.ci.bremerton.wa.us](http://www.ci.bremerton.wa.us)

- ◇ classes, recreational activities

**Camp Fire USA** ..... 360-377-5513

Web: [www.campfire-usa.org](http://www.campfire-usa.org)

1109 Warren Ave., Bremerton WA 98337

- ◇ special sitters, special Saturday program

**DSHS, Division of**

**Developmental Disabilities** ..... 360-475-3490

3423 6th St., Bremerton WA 98312

Web: [www1.dshs.wa.gov/ddd](http://www1.dshs.wa.gov/ddd)

**West Sound Fleet and Family Support Centers**

Bangor ..... 360-396-4115

Web: [www.navylifepnw.com](http://www.navylifepnw.com)

- ◇ general social services for families or Navy personnel

## **PERSONAL/RESPIRE CARE**

**Care Plus Home Health** ..... 360-373-8016

1950 Pottery, #25, Port Orchard, WA 98366

- ◇ non-medical in-home personal care supports and respite services for children and adults with disabilities. Non-medical personal care supports to the elderly, nursing services available

**Care Solutions** ..... 360-692-3058

3423 NW Byron St., Silverdale, WA 98383

- ◇ home health and in-home care for individuals 18 and older
- ◇ accepts long term care health insurance and private pay

**Caregiver Support Center and**

**Caregiver Respite** ..... 360-337-5700

Toll Free ..... 1-800-562-6418

9729 Silverdale Way, Silverdale, WA 98383

- ◇ respite provided to informal, unpaid caregivers, contact program for eligibility criteria
- ◇ resource library, counseling, information and referral

**Catholic Community Services** ..... 360-792-2066

Toll Free ..... 1-800-642-8019

285 5th St., Suite 3, Bremerton, WA 98337

Web: [www.ccsww.org](http://www.ccsww.org)

- ◇ long-term home care services- contact: Jeanette Jordan
- ◇ volunteer chore services- contact: Donna Jones
- ◇ foster grandparents program- contact: Bill Tracey

**Communitas** ..... 360-377-7231

920 Park Ave., Bremerton, WA 98337

Web: [www.communitas.org](http://www.communitas.org)

- ◇ non-medical in-home personal care supports to adults with disabilities

**Kitsap Home Care Services** ..... 360-377-7307

Toll Free ..... 1-888-449-9048

5610 Kitsap Way, Suite 350, Bremerton, WA 98312

Web: [www.kitsaphomecare.com](http://www.kitsaphomecare.com)

- ◇ non-medical personal care and respite services available to the elderly, children and adults with disabilities

**Lutheran Community Services NW** .....360-377-5511  
 Toll Free ..... 1-800-378-5771  
 645 4th St, Suite 202, Bremerton, WA 98337  
 Web: www.lcsnw.org

- ◇ Non-medical in-home personal care supports to the elderly and adults with disabilities

**Ujima** .....360-479-4402  
 4001 Chico Way, Bremerton, WA 98312

- ◇ respite care for children 5-17 with developmental disabilities, behavioral and/or emotional challenges

## PROTECTION/SUPPORTS

**DSHS, Adult Protective Services** ..... 1-888-833-4925  
 TTY ..... 1-800-688-1169  
 Fax .....360-478-6467

- ◇ Investigates allegations of abuse, neglect, abandonment and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information and referral

**DSHS, Division of Children and Family Services,  
 Child Protective Services** .....360-475-3559  
 Toll Free ..... 1-800-423-6246

- ◇ primary intake point for requesting services, information and referrals, foster care, family preservation services, investigates allegations of abuse and neglect for children under 18

**Disability Rights Washington** ..... 1-800-562-2702  
 Web: www.disabilityrightswa.org

- ◇ protection and advocacy for individuals with disabilities and /or mental illness

**Washington State Office of Long Term Care  
 Ombudsman Program V/TTY** ..... 1-800-562-6028  
 Web: www.ltcop.org

- ◇ protection and advocacy for individuals living in boarding homes, adult family homes, IMR's, congregate care facilities, and nursing homes.

- ◇ To report abuse call: 1-800-562-6078
- ◇ Kitsap County Ombuds, Gayle Helseth-Kenison, 360-337-5714

**Washington State Office of the Family and Children  
 Ombudsman** ..... 1-800-571-7321  
 Web: www.governor.wa.gov/ofco

- ◇ investigates complaints about an agency action or failure to act in cases involving : any child at risk of abuse or neglect; a child or family involved with child protection or child welfare services

## RECREATION/LEISURE

**Arc of Kitsap/Jefferson County** .....360-377-3473  
 3243 N Perry Ave., Bremerton WA 98310  
 Web: www.arckj.org

- ◇ Friday night dance/social for people with disabilities, classes

**Bainbridge Island Park  
 and Recreation District** .....206-842-2306  
 Web: www.biparks.org

- ◇ classes, recreational activities

**Bremerton Parks and Recreation** .....360-473-5305  
 Web: www.ci.bremerton.wa.us

- ◇ classes, recreational activities
- ◇ summer program integrating children with and without disabilities

**Camp Fire USA** .....360-377-5513  
 1109 Warren Ave., Bremerton WA 98337  
 Web; www.campfire-usa.org

- ◇ integrated Special Saturday Club—fun activities and recreation for boys and girls

**Easter Seals Washington,  
 Camp Stand By Me** .....253-884-2722  
 17809 Vaugh Rd. KPN, Vaughn, WA 98394-0313  
 Web: www.wa.easterseals.com

- ◇ camping, recreation

**Outdoors for All** .....206-838-6030  
 Web: www.outdoorsforall.org

- ◇ year-round recreational activities

**Poulsbo Parks and Recreation** .....360-779-9898