



KITSAP COUNTY
 614 Division St.
 Port Orchard WA 98366

Employee Name: _____

DEPARTMENT: FACILITIES

**PHYSICAL REQUIREMENTS: CUSTODIAN - GENERAL SERVICE
 WORKER 1 AND 2
 GENERAL SERVICE SUPERVISOR**

Positions in this class typically require:

- An employee in this class may be required to assist in loading, unloading, and moving of supplies, equipment, and furniture (up to 50 pounds)
- Work also requires exposure to hazardous chemicals and biohazardous material
- Work involves duties using power equipment and requires the use personal protection equipment
- Physical hazards may occur when working with floor machine, buffer, extractor, power tools, climbing on ladders, and lifting up to 50 pounds.
- The employee must be willing to work the assigned shift and in all County buildings, including the Jail, detention center, and the Coroner's office.
- Walking and standing for extended periods.
- Twisting, stooping, bending, reaching (over shoulders, at waist and below waist), and grasping tools.
- Adequate vision and coordination to operate vehicle and floor machines.
- Adequate hearing enough to communicate effectively and respond appropriately.
- Repetitive motions when manually completing required disinfecting.
- Mental alertness, physical strength, coordination, dexterity to ensure safety.
- Exertion of force of up to 50 pounds occasionally, and/or up to 20 pounds frequently and/or 10 pounds constantly to lift/carry/move janitorial equipment and materials.

Incumbents may be exposed to:

- Dust, chemical fumes.
- Potentially hazardous conditions when driving or maintaining trash and recycling at various locations in a variety of weather conditions.
- Subject to exposure to physical hazards associated with use of janitorial equipment and chemicals commonly used in janitorial sanitation and cleaning.
- Exposed to potentially violent or hostile individuals in volatile and dangerous situations within the facility.

PHYSICAL AND MENTAL DEMANDS

Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
1. Walking					X	Alternates standing and walking when completing job tasks Walking 9-10 miles a day.
2. Balance					X	Walking, standing on a ladder.
3. Lifting	-	-		-	-	
0-10 lbs.			X			Toilet paper, paper towels, broom, mop, dustpan, chemicals, trash, recycling, mop bucket, bucket of rags



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7. Twisting				x		
8. Reaching				x		Disinfecting
9. Grasping				x		Disinfecting
10. Stopping/ Bending				x		Removing trash & recycling Disinfecting commodes, vacuuming, sweeping
11. Sitting	X					
12. See/Hear/ Speak	-	-	-	-	-	
Sees Detail					x	Dust, dirt, debris
Color Discrim.					x	Rags are color coded
Visual Displays					x	Computer screen chemical labels-hazardous communication
Audible Signals					x	Supervisor's directions & phones if applicable
Oral Direction					x	Supervisor's directions and interaction with co-workers
Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
13. Working Cond/Exp.	-	-	-	-	-	
Uneven Ground					X	ramps & slopes
Work Outside				X		exterior trash, rounds & grounds, window cleaning
Work Inside				X		Cleaning offices, lobbies, breakrooms, restrooms.
High Elevations			X			Window cleaning on the lift.
Moving Objects					X	moving carts, vacuums, floor machines
Slippery Surface					X	mopping floors, stripping floors
Wetness					X	mopping floors, stripping floors, disinfecting
Temp. Extremes			X			sun & rain while cleaning windows, taking out trash.



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Confined Spaces	X					
Special Clothing					X	Facilities t-shirt, neoprene apron, cotton lined gloves.
Vibration					X	high & low vacuum, floor machine, auto scrubber, extractor, janitorial cart
Use of Solvents					X	Disinfecting common touch areas-PPE provided
Use of Detergent					X	Disinfecting common touch areas, laundry-PPE provided
Chemical Contact					X	Disinfecting common touch areas-PPE provided
Chemical Vapors					X	Pouring and using chemicals-PPE provided
Dust or Particles					X	PPE provided

PHYSICIAN TO COMPLETE

SUMMARY DETERMINATION (Please check appropriate item)

___ Worker can fully perform the job with no restrictions as of the date below

___ Worker requires restrictions to perform the job. The restrictions are described on the Physician's Estimate of Physical Capacities.

Physician Signature

Date

ADDITIONAL COMMENTS:
