



KITSAP COUNTY

614 Division St.
Port Orchard WA 98366

Employee Name: _____

DEPARTMENT: COMMUNITY DEVELOPMENT PHYSICAL REQUIREMENTS: CONSTRUCTION TECHNICIAN (FIRE)

Positions in this class typically require:

- Walking short and long distances while maintaining balance on sometimes uneven surfaces
- Climbing and descending ladders and stairs
- Bending, stooping, twisting
- Squatting, crawling and kneeling in spaces with limited head room
- Reaching above and/or below shoulder height
- Exposure to heights, including buildings, roofs, and structures
- Climbing and walking on scaffolding
- Traversing rough, uneven, and undeveloped terrain
- Handling/grasping documents or equipment
- Sitting and/or standing for short or extended periods of time
- Clear speaking and adequate hearing sufficient to communicate effectively and respond appropriately in-person and/or on the telephone
- Hearing audible signals, traffic, and equipment
- Vision sufficient to read source materials, meters, gauges, computer screen data, and see detail or color
- Repetitive motions for computer, tools and equipment use
- Requires exertion of force of 20 pounds occasionally, 10 pounds frequently to lift, carry or move office and field equipment and other materials
- **Some positions may require exertion of force of up to 75 lbs. occasionally and 100 lbs. with assistance to lift/carry/move objects.**

PHYSICAL AND MENTAL DEMANDS

Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
1. Walking				X		Inspection of buildings
2. Balance					X	Climb/decend ladders, stairs, or rough, undeveloped terrain
3. Lifting	-	-	-	-	-	
0-10 lbs.				X		Office/field equipment
11-20 lbs.			X			"
21-35 lbs.		X				"
36-50 lbs.		X				"



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Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
50 + lbs.	X					"
4. Carry	-	-	-	-	-	
0-10 lbs.			X			Office/field equipment
11-20 lbs.			X			"
21-35 lbs.		X				"
36-50 lbs.		X				"
5. Pushing/ Pulling	-	-	-	-	-	
0-10 lbs.				X		Office/field equipment
11-20 lbs.			X			"
21-35 lbs.		X				"
36-50 lbs.		X				"
6. Climbing				X		Stairs, ladders, and steep terrain
7. Twisting				X		Lifting equipment
8. Reaching			X			Equipment and files
9. Grasping					X	Steering wheel and equipment
10. Stooing/ Bending					X	Inspecting plumbing and footings
11. Sitting			X			Driving and at the office
12. See/Hear/ Speak	-	-	-	-	-	
Sees Detail					X	Reviewing directions, plans, and policies
Color Discrim.				X		Maps, signs, or instructions
Visual Displays				X		Display terminals



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Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
Audible Signals				X		Phones, traffic, and warning signals
Oral Direction				X		Supervisors, co-workers, and the public
Other						
13. Working Cond/Exp.	-	-	-	-	-	
Uneven Ground					X	Inspecting remote sites on rough, undeveloped terrain
Work Outside					X	"
Work Inside			X			Office
High Elevations			X			Inspecting buildings
Moving Objects			X			Traffic and heavy equipment
Slippery Surface				X		Field work
Wetness			X			"
Temp. Extremes			X			"
Confined Spaces				X		Inspecting buildings
Special Clothing		X				Protective gear
Vibration			X			Automobile
Use of Solvents	X					N/A
Use of Detergent	X					N/A
Chemical Contact	X					N/A
Chemical Vapors				X		Paints, solvents, glues, ammonia and formaldehyde
Dust or Particles					X	Dirt and debris



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PHYSICIAN TO COMPLETE

SUMMARY DETERMINATION (Please check appropriate item)

- Worker can fully perform the job with no restrictions as of the date below.
- Worker requires restrictions to perform the job. The restrictions are described on the Physician's Estimate of Physical Capacities.

Physician Signature

Date

ADDITIONAL COMMENTS:
