



KITSAP COUNTY
 614 Division St.
 Port Orchard WA 98366

Employee Name: _____

DEPARTMENT: HUMAN SERVICES
PHYSICAL REQUIREMENTS: CHEMICAL DEPENDENCY PROFESSIONAL 1, SUPERVISOR AND TRAINEE

Positions in this class typically require:

- Walking short distances, throughout shift.
- Bending, stooping, twisting.
- Handling/grasping documents or equipment.
- Sitting and/or standing extended periods of time.
- Clear speaking and adequate hearing sufficient to communicate effectively and respond appropriately in-person and/or on the telephone.
- Hearing audible signals throughout center and from patients.
- Vision sufficient to read source materials such as charts, prescription medication, conducting security inspections, observing patients, manual log entries, and reading computer screen data.
- Repetitive motions for computer use.
- Requires exertion of force of 25 pounds occasionally, 10 pounds frequently, and/or 5 pounds continuously to lift/carry/move files or documents, and other materials.
- Work is performed primarily at the Kitsap Recovery Center, which is a 24-hour facility.
- Exposure to physical hazards may occur occasionally when working with hostile patients with a potential for violence.

PHYSICAL AND MENTAL DEMANDS

Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
1. Walking					X	Alternates walking and standing while completing job tasks
2. Balance				X		"
3. Lifting	-	-	-	-	-	
0-10 lbs			X			Tools, and equipment
11-20 lbs			X			"laundry
21-35 lbs			X			"
36-50 lbs			X			"
50 + lbs			X			food or equipment orders
4. Carry	-	-	-	-	-	
0-10 lbs			X			Tools, equipment, and laundry



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11-20 lbs			X			"
21-35 lbs			X			"
36-50 lbs		X				"
5. Pushing/ Pulling	-	-	-	-	-	
0-10 lbs			X			Tools, equipment and laundry
11-20 lbs			X			"
21-35 lbs		x				wheelchair assistance
36-50 lbs			X			"
6. Climbing			X			Stairs
7. Twisting				X		light housekeeping and laundry
8. Reaching				X		Tools, equipment and laundry
9. Grasping				X		"
10. Stooing/ Bending				X		light housekeeping and laundry
11. Sitting				x		Observing patients and preparing log entries
12. See/Hear/ Speak	-	-	-	-	-	
Sees Detail					X	Observing patients and preparing log entries
Color Discrim.					X	"
Visual Displays			X			Equipment
Audible Signals					X	Alarms
Oral Direction					X	Supervisors, co-workers, and the public
Other						



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Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
13. Working Cond/Exp.	-	-	-	-	-	
Uneven Ground				x		Transporting patients to appointments
Work Outside				x		inspecting grounds"
Work Inside					X	Treatment center
High Elevations	X					N/A
Moving Objects			x			equipment, patient belongings
Slippery Surface		X				Mopped floors and spills
Wetness		x				spills
Temp. Extremes	X					
Confined Spaces		X				Supply closets
Special Clothing			x			protective gear as determined by safety training
Vibration	X					N/A
Use of Solvents			X			Cleaning solvents
Use of Detergent			X			Cleaning detergents
Chemical Contact			X			Cleaning solvents and detergents
Chemical Vapors			X			"
Dust or Particles		X				Nuisance dust
Standing				x		
Squatting/ kneeling		x				
Crawling	x					
Foot Controls		x				
Hand Controls				x		
Fine Finger Manipulation				x		



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Activity	Never 0%	Inter. 1-10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
Proximity to mechanical parts	x					
Noise intensity		x				

PHYSICIAN TO COMPLETE

SUMMARY DETERMINATION (Please check appropriate item)

- Worker can fully perform the job with no restrictions as of the date below.
- Worker requires restrictions to perform the job. The restrictions are described on the Physician's Estimate of Physical Capacities.

Physician Signature

Date

ADDITIONAL COMMENTS:
